Day 1 Detailed Programme

Time	Event		Location
09:15 09:50	**Arrival & Registration**		**IoE BEDFORD WAY**
09:50 10:00	**Welcome Address** Fabi Lorencatto		**W3.01**
10:00 10:40	**Keynote** Heleen Riper		**W3.01**
11:00 12:00	**Parallel Session #1**		

Time	A. Knowledge in Practice — DRAMA STUDIO	B. Increasing physical activity through digital technology — ELVIN HALL
11:00	**John Marsden** Memory-Focussed Cognitive Therapy (MFCT) for cocaine-use disorder: preliminary evidence from a randomised controlled trial of a novel psychotherapy	**Rowan Johnson** Can an online exercise prescription tool improve adherence to home exercise programmes in children with cerebral palsy?
11:10	**Tony Moss** Measuring the impact of the Capital Card®, a novel form of contingency management, on substance misuse treatment outcomes: A retrospective evaluation	**Mark Elliott** Investigating the effect of a rewards-for-exercise app on employee wellbeing, physical activity and sleep quality: A pilot study
11:20	**Emily Fulton** A digital behaviour change intervention with e-referral system to increase attendance at NHS Stop Smoking Services (The MyWay Project): a randomised controlled feasibility trial of StopApp.	**Dennis Arts** Designing wearable technology for physical activity: the potential of an interdisciplinary approach
11:30	**Panagiotis Spanakis** The state-motivational nature of alcohol attentional bias in the real world.	**Paulina Bondaronek** Effectiveness of two popular apps for increasing physical activity: a randomised crossover feasibility trial
11:40	**Vicky Myers** Changing Exposure Perceptions: A randomized controlled trial of an intervention with smoking parents	**Ann DeSmet** Selecting relevant socio-cognitive determinants for interventions on adult 24-hour movement behaviours, using the Confidence Interval-Based Estimation of Relevance (CIBER) approach
11:50		**Sean O'Connor** "In Google we trust" How good are highly visible websites providing advice on physical activity for people with or at risk of type 2 diabetes?

Time	Event	Location
12:10 13:00	**Lunch**	**JEFFERY HALL**
13:00 13:30	**Interactive Poster Session #1**	**JEFFERY HALL**

13:40
14:50

Parallel Session #2

C. Symposia DRAMA STUDIO	**D. Developing and delivering digital health care** ELVIN HALL
13:40 Towards engaging and personalized mHealth tools: co-design, data-driven and just-in-time adaptive approaches	**Luke Byron-Davies** London Sexual Health Programme - digital e-health
13:50 Convenor & Chair: **Monique Simons** Discussant: **Olga Perski**	**Lauren Gordon** Designing and implementing an evidence-based capability building programme in behaviour change for healthcare professionals
14:00 Presenters: **Lean Kramer** **Ayla Schwarz** **Karljin Sporrel**	**Jonathan Reston** Digital Patient Reported Outcomes to enhance palliative cancer care: Development of tools to provide tailored app engagement and treatment adherence support
14:10 **Raoul Nuijten**	**Daniela Austin** Delivering digital health and wellbeing: Creating successful collaborations between academia and eHealth industry
14:20	**Vasilis Vasiliou** Implementing the Behaviour Change Wheel to Inform the Content of a Digital Harm-reduction Intervention for Third-level Students Who Use Illicit Substances

14:50
15:10

Posters, Coffee & Networking
JEFFERY HALL

15:10
16:10

Parallel Session #3

E. Symposia DRAMA STUDIO	**F. Panel Discussion** ELVIN HALL
The potential of virtual reality and chatbots for engendering behaviour change: Hype or hope?	The evolving role of a behaviour scientist within Industry- what's in a title anyway?
Convenor & Chair: **Olga Perski** Discussant: **Katie Newby** Presenters: **Nusa Faric** **Katy Irving** **Marijn Meijers** **Laura Maenhout** **Olga Perski**	Chair: **Sarah Mullane** Panellists: **Sinead Ni Mhurchadha** **Edward Gardiner** **Dan Bennett** **Raphaelle March**

	16:30 – 17:10 **Parallel Session #4**	

Parallel Session #4

	G. Hard to reach groups DRAMA STUDIO	**H. Apps for self-management of chronic conditions** ELVIN HALL
16:30	**Tessa Swiggart** Welcome to Banoni City: A social media analysis to gain deeper understanding of barriers to family planning in the Sahel	**Thomas Rouyard** Applying nudge theory to personalized risk communication: development of a nudge-based digital tool to motivate self-management in Type 2 diabetes populations
16:40	**Ellie Madgwick** Driving behaviour change in hard-to-reach audiences: Decreasing trespassing incidents with Network Rail	**Jose Cote** A web-based self-management intervention for people with epilepsy: Acceptability and user experience findings
16:50		**Mandeep Sekhon** Smartphone apps targeting physical activity in rheumatoid arthritis: a systematic search, content analysis and quality appraisal
17:00		**Claire McCallum** Identifying theory- and evidence-based components of a chronic illness self-management app for Sjogren's syndrome

16:30
17:10

17:10
17:   **Interactive Poster Session #2**   JEFFERY HALL

17:10
19:30   **Social Drinks and Networking**   CRUSSH HALL