

## Detailed Programme

Panel and Symposia presentations

*Presentations have been allocated to themed sessions. Please search by presenter name to find session allocation and date/time of live session.*

Questions: [behaviourchange@ucl.ac.uk](mailto:behaviourchange@ucl.ac.uk)

<b>Panel Discussion: Integrating the culture and methods of digital and behaviour science</b>		
Live session	Wednesday 16 September	15:25 – 16:20
	Panel Chair	Dr Tim Chadborn
	Panellist 1	Robert West
	Panellist 2	Susan Michie

<b>Symposium: Tailoring Interventions</b>		
Live session	Wednesday 16 September	15:25 – 16:20
Discussant		
Eline Smit		
Panellist		Presentation title
1.	Christiane Attig	Fitness tracker abandonment: The role of user diversity
2.	Laura Koenig	Reasons (not) to use nutrition apps: A systematic review
3.	Nadine Bol	The effects and underlying mechanisms of different tailoring strategies: Comparing personalisation and customisation in mobile health apps
4.	Marta Marques	Development of an Ontology of Tailoring of Behaviour Change Interventions

<b>Symposium: Human Behaviour Change Project</b>		
Live session	Thursday 17 September	13:00 – 13:55
Discussant		
Tim Chadborn & Rachel Carey		
Panellist		Presentation title
1.	Susan Michie	The Human Behaviour-Change Project: Where are we now?
2.	Emma Norris	Development of the Behaviour Change Intervention Ontology
3.	Eva Jermutus	Automated Information Extraction from Behaviour Change Intervention Reports: Methods and Evaluation of a Knowledge System
4.	Robert West	Application of the HBCP system across policy, practice, academia and evidence synthesis

<b>Symposium: Virtual reality and chatbots</b>		
Live session	Thursday 17 September	13:00 – 13:55
Discussant		Convenor
Katie Newby		Olga Perski
Panellist		Presentation title
1.	Abi Fisher	Thematic analysis of players' reviews of virtual reality exergames
2.	Katy Irving	Building confidence in a virtual world: Refinement of a VR infusion training programme for haematology nurses using the COM-B model
3.	Marijn Meijers	Using Health and Environmental Appeals in Virtual Reality to Stimulate Healthy Food Choices
4.	Olga Perski	Does the addition of a supportive chatbot promote user engagement with a smoking cessation app? An experimental study

Symposium: Towards engaging and personalized mHealth tools: co-design, data-driven and just-in-time adaptive approaches		
Live session	Friday 18 September	15:25 – 16:20
Discussant		
Monique Simons & Olga Perski		
Panellist		Presentation title
1.	Lean Kramer	Engaging co-design for engaging Embodied Conversational Agents
2.	Ayla Schwarz	Differences in user engagement between a dynamically and non-tailored exergame among adolescents: results from a cluster-randomized controlled trial.
3.	Karlijn Sporrel	A 5-week randomized feasibility study of physical activity mHealth tools: exploring the user experiences and engagement with a self-regulation app and a self-learning app.
4.	Raoul Nuijten	A perspective on key challenges in personalization for sustained user engagement: applying machine learning techniques to understand user preferences and tailor persuasive messages