



# Subco Trust



Subco Trust provide culturally and linguistically appropriate services for vulnerable Asian elders and carers in Newham.



## What happened through the collaboration?

Subco Trust and the UCL students and researchers focused on developing evaluation tools to be used on a new 'Mental Wellbeing' project. They developed and tested tools to capture: changes in mood and well-being; and service user empowerment. The methods developed were sensitive to the diverse communication needs of the users (i.e. Asian individuals), being easily translated, accessible including icons as well as text.

## What is the legacy for the organisation?

The programme has helped to support staff with the skills needed to be part of ongoing monitoring and evaluation. The work that the team have undertaken on the Mental Wellbeing project has been used as a template by Subco Trust to streamline evaluation and reporting on our other programmes of work.

## What is the legacy for students and researchers involved?

We have learned a lot about evaluation and research in practice, and have really enjoyed working on this project as a team, so much so that we hope to continue working together in the future.

### Students and researchers

**Anthony Isiwele**  
PhD student, Mental Health Care

**Giulia Piazza**  
PhD student, Psychology and Language Science

**Mel Ramasawmy**  
Research fellow, Health Informatics