

# Inherited Periodic Fever Service

The Inherited Periodic Fever Service is the only centre in the UK dedicated to the needs of patients with inherited fever syndromes. We are based at the National Amyloidosis Centre. We have “state-of-the-art” clinical and research facilities and a team of highly qualified clinical, research and support staff. We are funded by the Department of Health to provide a diagnostic and management advice service for the UK’s national caseload of patients with inherited periodic fevers and related disorders.

If you have been referred to us because of suspicion that you or your child may have a fever syndrome such as FMF, this does NOT mean that you or your child have amyloidosis. More information is available on the internet: [www.ucl.ac.uk/amyloidosis/nac/fever-syndromes](http://www.ucl.ac.uk/amyloidosis/nac/fever-syndromes).

The clinical service includes:

- Detailed clinical assessment
- Genetic testing and counselling
- Recommendations for treatment and monitoring response
- Measurement and monitoring of specialised biochemical (blood) tests for C-reactive protein (CRP) and serum amyloid A protein (SAA)
- 3-12 monthly follow-up to assess response and further treatment requirements
- Providing information and support to fever patients, their families and health providers
- Systemic evaluation of existing and new treatments

## **BEFORE YOUR APPOINTMENT**

You may eat and drink normally before and after your investigations. You may bring a relative or carer with you to your appointment (preferably only one person), however we would ask that you avoid bringing babies/children or pregnant women where possible.

### **Attire**

Please wear comfortable shoes and clothing, allowing for the top and bottom half of clothing to be removed separately.

### **Doctors’ details**

Please update as necessary the contact details for all the doctors (GP and consultants) currently treating you on the enclosed sheet. Please give this to the receptionist on your arrival at the National Amyloidosis Centre.

### **Medication**

Continue taking your current medication. The doctor is likely to ask for the names and dosages when you have your consultation. Please bring a list with you.

### **Please inform us if:**

- You have limited mobility (please ensure, if possible, that you are accompanied)
- You need an interpreter (request this in advance, or arrange for a friend/relative to attend the consultation)

The clinic nurse will use a small needle to draw some blood for a range of tests. We will also collect a urine sample on your arrival.

You will see one of our specialist doctors for a consultation. Please note that all our doctors work as a team, and you will be seen by whoever is on duty for that clinic.

Please be prepared to be flexible with your time throughout your visit here, as delays or changes can occur.

## USEFUL CONTACTS AT THE NATIONAL AMYLOIDOSIS CENTRE

If you have any queries about your visit, please do not hesitate to contact the following people:

**Reception** ..... +44 (0)20 7433 2725

- Blood bottle requests
- General enquiries

**Unit Secretaries** ..... +44 (0)20 7433 2737/2798/2811

- Information on clinic letters/medical reports
- To contact one of our doctors
- General enquiries

**Appointments** ..... +44 (0)20 7433 2813

- To book, cancel or reschedule an appointment

**Administrative Support Officer** ..... +44 (0)20 7433 2812

- Blood Results
- Patient Transport & Accommodation
- Overseas & Private Patient Arrangements

**Clinical Director/Consultant** ..... Prof Philip Hawkins ..... +44 (0)20 7433 2815/2816

**Reader/Consultant** ..... Dr Helen Lachmann ..... +44 (0)20 7433 2804

**Lead Nurse** ..... Dr Thirusha Lane ..... +44 (0)20 7433 2759

**Specialist/Research Nurses** ..... Darren Foard ..... +44 (0)20 7433 2814

..... Lisa Rannigan ..... +44 (0)20 7433 2732

..... Rene Williams ..... +44 (0)20 7433 2797

**Clinic Coordinator** ..... Eleanor Pyart ..... +44 (0)20 7433 2738

**Clinic Nurses** ..... Charlene Kearney ..... +44 (0)20 7433 2799

..... Annie Hughes ..... +44 (0)20 7433 2730

**Genetic Requests/Results** ..... Samantha Ramiz ..... +44 (0)20 7433 2830

..... Rose Coughlan ..... +44 (0)20 7433 2753

**General Enquiries** ..... +44 (0)20 7433 2725

**Fax** ..... +44 (0)20 7433 2817

**Our opening hours are 7.45 am to 5.30 pm Monday to Friday**