

## **UCL Accommodation Flourish Terms and Conditions**

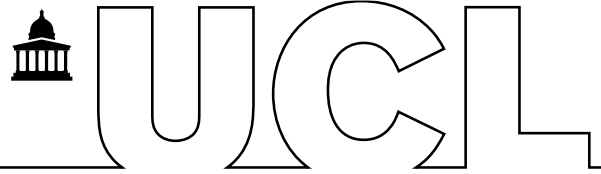
By participating in the UCL Flourish programme and acquiring a ticket via Eventbrite I confirm and consent to the following:

1. I acknowledge that I have voluntarily applied to participate in the UCL Flourish programme of events via Microsoft Teams or a similar online video conferencing program (the "Online Class").
2. I confirm that I am medically, physically, emotionally, and in all respects, fit and able to participate in the Online Class. I release from liability the Session Leader and UCL for any personal injury, death, property damage or loss or any nature suffered by me as result of participation in any activity in the Online Class. In consideration of being permitted to participate in the Online Class I agree to assume full responsibility for any risks, injuries or damages which I might incur as a result of my participation in the Online Class.

You should consult your physician or general practitioner before beginning a new fitness program. You should not rely on this information as a substitute for, nor does it replace, professional medical advice, diagnosis, or treatment. If you have any concerns or questions about your health, you should always consult with a physician, general practitioner or other health-care professional. Do not disregard, avoid or delay obtaining medical or health related advice from your healthcare professional because of something you may have read or heard as part of UCL Flourish. The use of information provided by UCL Flourish is solely at your own risk and is not medical or healthcare advice.

Nothing stated or posted by UCL Flourish is intended to be, and must not be taken to be, the practice of medical or counselling care. For purposes of these terms, the practice of medicine and counselling includes, without limitation, psychiatry, psychology, psychotherapy, or providing health care treatment, instructions, diagnosis, prognosis or advice. UCL Flourish is continually under development and, to the full extent permitted by law, UCL Flourish makes no warranty of any kind, implied or express, as to its accuracy, completeness or appropriateness for any purpose. In that regard, developments in medical research may impact the health, fitness and nutritional advice that appears here. No assurance can be given that the advice contained within UCL Flourish will always include the most recent findings or developments with respect to the particular material.

In becoming a user of UCL Flourish with the intent of participating in the UCL Flourish events, you affirm that either (A) all of the following statements are true: (i) no physician or general practitioner has ever informed you that you have a heart condition or that you should only do physical activities recommended by a physician or general



practitioner; (ii) you have never felt chest pain when engaging in physical activity; (iii) you have not experienced chest pain when not engaged in physical activity at any time within the past month; (iv) you have never lost your balance because of dizziness and you have never lost consciousness; (v) you do not have a bone or joint problem that could be made worse by a change in your physical activity; (vi) your physician or general practitioner is not currently prescribing drugs for your blood pressure or heart condition; (vii) you do not have a history of high blood pressure, and no one in your immediate family has a history of high blood pressure or heart problems; and (viii) you do not know of any other reason you should not exercise; or (B) your physician or general practitioner has been specifically consulted by you and approved of your use of the UCL Flourish programme of events.

If applicable, you further affirm that (a) you are not pregnant, breastfeeding or lactating; unless (b) your physician or general practitioner has been specifically consulted and approved your participation in the UCL Flourish programme of events.

UCL reserves the right to refuse or cancel your membership if we determine that you have certain medical conditions or that the representations set forth above are untrue in any respect.