

Why Mortality?

- · Easily recorded, objective measure.
- Plenty of data worldwide.
- Extreme measure of health but a good indicator nonetheless.
- Healthy life expectancy can be used to better measure progress in health.

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Alternative Measures of Health

Morbidity

- For instance, incidence of cardio-vascular diseases, cancers, respiratory capacity...
- Difficult to gather, needs well trained nurses or doctors.
- Feasible only on medium size cross-sectional surveys, or small size panel data.
- Self-reported health
- Health care use

Alternative Measures of Health

- Morbidity
- · Self-reported health
 - Subjective evaluation. May vary across population, socio-economic status, gender...
 - Good correlation with mortality, even controlling for observed morbidity. Individuals may have private knowledge about their health.
 - Functioning (ability to climb stairs, to walk, run...) good measure for elder population.
- · Health care use

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Alternative Measures of Health

- Morbidity
- · Self-reported health
- · Health care use
 - Easier to record.
 - Possibility to merge data on health care use with administrative data in some countries (e.g.
 - Scandinavia).
 - Selection problem, those who use health care may
 care more about their health.
 - · be richer, or better informed.

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Plan of Lecture

- Historical perspective in developed countries.
- Mortality in developing countries.
- Value of Mortality Decline.

Recommended Reading

- Cutter, Deaton and Lleras-Muney (2006) "The Determinant of Mortality", *Journal of Economic Perspective*.
 Fogel, Robert W. (1994). "Economic Growth, Population Theory, and Physiology: The Bearing of Long-Term Processes on the Making of Economic Policy". *American Economic Review*. June, 84:3, pp. 369-95.
 Preston, Samuel H. 1975. The Changing Relation Between Mortality and Level of Economic Development. *Population Studies*. July, 29:2, pp. 231-48. pp. 231-48.
- Murphy and Topel (2006), "The Value of Health and Longevity", Journal of Political Economy, 114:5, 871-904. .









Average Life Expectancy and GDP

- Life expectancy is strongly correlated with income.
- Especially for developing countries.
- Life expectancy gaps between rich and poor countries fell between 1950 and 1980.
- In the 1990, gaps widened:
 HIV/AIDS epidemic in Africa.
 Transition in Russia and Eastern Europe.









	Ln CDP	Life	Infant mortality	Child	In IMR	Ln CMR
1960	0.98	12.0	60.9	105.7	0.72	0.83
1970	1.09	11.2	50.1	94.3	0.80	0.91
1980	1.13	10.5	48.0	80.6	0.89	1.00
1990	1.14	10.5	43.4	71.8	0.98	1.08
2000	1.18	11.7	40.1	67.0	1.11	1.18
2004	1.23	12.4	39.6	65.8	1.15	1.26
product per	capita in constant series are from th	2000 international e 2006 World Dev	PPP dollars an elopment Indic	d is taken from t ators. The GDP : t mortality rates o	he Penn World series covers 9 come from 151 (Table version 7 countries in countries in
5.2; all other 1960, rising 1960 rising t xopulation.	to 185 in 2000, bu o 186 by 2004. In	t only 79 in 2004. all calculations, ea	ich country is ta	iken as á unit, ar	nd there is no w	eighting by















Historical Perspective, UK

- For most of human history, life expectancy has been around 25 years.
- By 1700, in England and Netherlands, increased to 37 years.
- Mortality started to decline in the XVIII century, around 1820. Reached 41 years.
- Since then, steady increase in life expectancy reaching 77 years today, despite wars and economic crises.





Historical Perspective, UK

- Gain in life expectancy higher at birth and for children than at older ages.
- Largely due to a massive decrease in infectious diseases:
 - In 1848, represent 60% of deaths.
 - Since then, 95% reduction in this cause of death.

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Determinants of the Historical Decline in Mortality

- Improved Nutrition
- Public Health
- Urbanization
- Vaccination
- · Medical Treatments
- Change in Health Behaviour

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Determinants: Improved Nutrition

- Contribution of McKeown who challenged the role of public health and advanced nutrition as an explanation to the decline in mortality.
 - Public health measures became operative at the end of the XIX century.
 - Tuberculosis fell by 80% before there was any effective treatment.
- Increased productivity in agriculture starting during the XVIII century.
- At the same time life expectancy increased, even before public health awareness started.
- Better fed people resist most bacterial diseases better.













	(1) Date of maturity by century and quarter	(2) Great Britain	(3) Norway	(4) Sweden	(5) France	(6) Den- mark	(7) Hungar
1.	18-III	165.9	163.9	168.1	_		168.7
2.	18 - IV	167.9	-	166.7	163.0	165.7	165.8
3.	19 - 1	168.0	-	166.7	164.3	165.4	163.9
4.	19 - 11	171.6	-	168.0	165.2	166.8	164.2
5.	19 - 111	169.3	168.5	165.6	165.6	165.3	-
6.	20 - 111	175.0	178.3	177.6	172.0	176.0	170.9



Improved Nutrition?

- The importance of nutrition on mortality decline is still debated.
- Some evidence of better nutrition under medieval time with the XVIII century a low point.
- During XVI-XVIII century no life expectancy advantage for the British aristocracy, despite better nutrition.





Public Health

- At given GDP per capita, countries achieve nowadays much longer life expectancies.
- China in 2000 has:
 the GDP of the USA in 1880
 - life expectancy of the USA in 1970
- Public health improvements may explain this shift.

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Public Health

- Filtering & chlorination of water supplies.
- Building sanitation systems.
- · Draining swamps.
- · Pasteurizing milk.
- · Vaccination campaigns.
- Encouraging better health behavior – Washing hands
 - Ventilating rooms

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Public Health

- Some early examples dating back at least to Medieval times.
- Contribution of John Snow in 1854 in London.



Southwark and Vauxhall Water Company Water intake close to sewage 286 victims

Lambeth Water Company Water intake above sewage 14 victims

Public Health

- Some early examples dating back at least to Medieval times.
- Contribution of John Snow in 1854 in London.
- Started really with the understanding of the germ theory of disease in the 1880s and 1890s.
- Dramatic reduction in water and food-born diseases after that period.
 - 214 per 100000 around 1850 in the USA.
 - Virtually zero by 1970.

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Public Health: Vaccination

- First discovered in China for smallpox.
- Since late XIX century, a number of new vaccines:
 Rabies (1885), plague (1897), tuberculosis (1927), yellow fever (1935), polio (1955), measles (1964), hep B (1981).
- Huge reduction in morbidity.
- · Rather low impact on mortality, except tuberculosis.
- For instance, half million people in the US had measles before 1964, but less than 1000 deaths.
- Exclusive of tuberculosis, account for less than 3% of the decline in mortality.
- Tuberculosis accounts for about 10%, but decrease depends also on other factors.

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Medical Treatments

- Antibiotics developed in the thirties and forties. Stark decline in infectious diseases.
- Since 1960, 50% reduction in cardio-vascular diseases. Accounts for 70% of the reduction in mortality between 1960-2000.





Urbanization

- Massive migration towards cities in Europe and US during XIX century.
- Spread of diseases is easier in big cities.
- Could be responsible for the lack of improvement in life expectancy during that period.

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Change in Health Behavior

- Increase and then decrease in motor vehicle accidents.
- · Increase and then decrease in smoking.
- Increase in heavy alcohol consumption.
- · Change in diet, rise in obesity.





























Life Expectancy in Developing Countries

- On the whole, large gains over the last decades, but
- · Contrasted experiences.
- Importance of communicable diseases and health behavior.

	World	Poor Countries	Rich Countries
Deaths per 100,000	916	1113	846
% of total deaths by age			
Children (0-4)	18.4%	30.2%	0.9%
Elderly (60+)	50.8%	50.8% 34.2%	
% of deaths from chronic disea	ases		
Cancer	12.4%	6.3%	26.2%
Cardiovascular diseases	29.3%	21.5%	38.1%
Number of deaths (million)			
Respiratory infections	3.96	2.90	0.34
HIV/AIDS	2.78	2.14	0.02
Perinatal deaths	2.46	1.83	0.03
Diarrheal diseases	1.80	1.54	
Tuberculosis	1.57	1.09	0.01











































Summary of Evidence

- · Marked increase in life expectancy worldwide over the last 2 centuries.
- Several reasons
 - Increased prosperity and better nutrition.
 - Better understanding of infectious diseases.
 - Lately, progress in medical technology and better heatlh awareness.
- · These gains are sometimes fragile and can be reversed:
 - Importance of health behavior.

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Healthy Life Expectancy

- Life expectancy is sometime seen as a crude measure of health. Does not take into account of chronic diseases and disability.
- · Healthy life expectancy constructed from surveys:
 - "Over the last 12 months would you say that your health has been good, fairly good or not good?"
 - "Do you have any long-standing illness or disability?" - Data is combined with mortality data to estimate the
 - number of years of healthy life. - However,...

	Wo	men	Men	
Year	1981	2001	1981	2001
Life Expectancy	76.8	80.4	70.9	75.7
Healthy Life Expect.	66.7	68.8	64.4	67.0
% in Good or fairly Good Health	86.9%	85.6%	90.0%	88.5%



Healthy Life Expectancy

- Large gains in Life Expectancy.
- Increase in Healthy Life Expectancy as well:
 - Gender differences: Women live longer but experience proportionally more chronic ill health than men.
 - Socio-economic differences. The 10% richest have 17 more years of HLE than the poorest 10%.

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Value of Mortality Decline

- Murphy and Topel (2005)
- Calibrate the value of the large mortality decline in the US.
- Write down a model of inter-temporal choice with exogenous health and life-expectancy.
- Performs counterfactual welfare simulations to evaluate the value.





























Life Expectancy within Nations

- At micro level, what are the main determinants?
 - Education.
 - Socio-economic position.
 - Health behavior.
 - Stress.