Get involved

Even when you’re not studying, there’s plenty to do, see and enjoy when you get involved. The UCL students’ union UCLU runs a wide range of activities, and you can put your time to good use helping other students or the wider community.

UCLU

As a UCL student, you will automatically become a member of UCLU, the students’ union. UCLU is a democratic, student-led organisation run by UCL students whom you have the chance to elect. UCLU provides a wide range of services to help you get the best out of your time at UCL.

Have your say

// All UCL students have the opportunity to stand for and vote for officer positions at UCLU. This includes a team of full-time sabbatical officers who take a year out of their studies to run UCLU, with each receiving a salary during their term of office.

// UCLU has a variety of networks and committees that span different aspects of university life. They ensure that all students, including those that have traditionally been under-represented, such as Black and Minority Ethnic and women students, have a voice. Being part of one of these networks allows students the opportunity to debate and discuss what UCLU does and says in these areas.

Join up

UCLU has more than 250 clubs and societies, all run by students. They cover a wide variety of interests from sport and culture to arts and faith. Any UCL student can join any club or society or start their own. In fact, getting involved with a club or society is a great way for you to develop a hobby, learn new skills and make new friends.

www.uclu.org/clubs-societies

UCLU Sport

UCLU Sport is an initiative that promotes and supports a variety of health, wellbeing and sporting activity at UCL. This includes Project Active which is a fun way of encouraging students to get up and about and enjoy an active lifestyle. There is also a support programme for elite athletes who study at UCL.

www.uclu.org/projectactive/sport

Give it a Go

Give it a Go runs free or discounted trips and activities, so you can try out things you’ve never done before and visit new places. There’s no need for a regular commitment, simply do as many or as few as you like.

www.uclu.org/giag

Events

UCLU Events organises the nightlife at UCLU, including club nights and annual balls. Venues for UCLU Events have included many top London clubs such as Ministry of Sound, Koko, Fabric, Heaven and the Indigo at the O2 Arena.

www.uclu.org/events

A selection of posters advertising a small proportion of the student productions that have been staged recently

UCLU Karate Club warming up with some kata in the UCLU Bloomsbury Fitness Multipurpose Room

UG18_Front_Section_02.indd 20
17/02/2017 15:51
In 2015/16 over 2,000 students took part in volunteering activities at UCL.

Volunteering Services Unit
UCLU’s Volunteering Services Unit (VSU) is one of the biggest departments of its kind in the country and by far the biggest in London. VSU is proud of the opportunities on offer, so you could find yourself:

- taking some sports coaching with local young people
- guiding people around one of London’s hidden museums or galleries
- campaigning on an issue you care about
- getting your hands dirty at one of our environmental events, including volunteering on the London Wildlife Trust’s nature reserves.

There are more than 500 projects for you to choose from, so there’s always something that will fit your time, availability and interests. By taking part, you’ll meet new people, build new skills and get a real insight into London life.

www.uclu.org/volunteers

UCL School and College Partnerships

UCL supports local sixth form colleges and has partnerships with City & Islington College and Newham Collegiate Sixth Form Centre. It’s also the sole sponsor of the UCL Academy, a non-selective mixed state school in our home borough of Camden. There are many opportunities for you to volunteer and experience working with young people, including:

- mentoring students
- acting as a tutor in your subject
- leading music and drama productions
- coaching sports teams.

www.ucl.ac.uk/ucl-academy

Volunteering

Harry Zacharias, Fourth Year, Medicine MBBS BSc

I chose to study Medicine for a variety of reasons, but the main one was how dynamic and challenging the profession can be, and the fact I can work with people to make a real difference in their lives; I’ve always found pleasure from helping others.

I did quite a bit of volunteering before joining university, so I started volunteering with Save a Baby’s Life. It’s a student-led volunteering project which trained and qualified me in adult and child life support; I now deliver sessions to parents all around London to show them what to do if their baby stops breathing, chokes, or falls into water. Before long, I decided to become a project leader alongside a group of three others – two years later, I’m still here!

www.ucl.ac.uk/academy

UCL Student Ambassadors

Our Student Ambassadors are dedicated to the positive promotion of higher education in general and UCL in particular. They make presentations and give tours of UCL, all aimed at encouraging school students from primary through to Year 13 to explore new ideas and realise their goals. Student Ambassadors play a key role in our events, offering a student’s point of view to visitors and sharing their opinions and experience about going to university.

www.ucl.ac.uk/sas