Assessment and Treatment of Medically Unexplained Symptoms in Children: Practical Skills for Clinicians

12th January 2018 • Kennedy Lecture Theatre • UCL Great Ormond Street Institute of Child Health, Guilford Street, London

Clinicians from a range of disciplines (including child and adolescent mental health and paediatrics) are invited to this one day conference and workshops. The emphasis will be on practical understanding of these challenging conditions, and include skills-based workshops. International experts Professor Elena Garralda (Imperial College) and Professor Trudie Chalder (Kings College) will deliver key note lectures. Topics include:

- clinical spectrum of medically unexplained symptoms and evidence-base for intervention
- service design and care-pathways
- functional neurological symptoms including non-epileptic seizures
- working across disciplines and with schools
- case examples and treatment challenges

We are delighted that Dr Suzanne O’Sullivan the author of the winner of the 2016 Wellcome Book Prize for her book, *It’s All in Your Head: True Stories of Imaginary Illness* – is delivering the opening plenary.

Fees

- **Early Bird** (extended until 30/11/2017): £100
- **Standard** (book after 30/11/2017): £130

Contact:
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08:30 - 09:30  Registration
09:30 - 09:40  Welcome Professor Isobel Heyman
09:40 - 10:10  Plenary Dr Suzanne O’Sullivan
10:10 - 10:40  Understanding functional/MUS in children Professor Elena Garralda
10:40 - 11:10  Services for children with MUS
Dr Eve McAllister & Dr Maria Hadji-Michael
11:10 - 11:30  Break
11:30 - 12:10  Assessment in Paediatric MUS
Dr Daniel Stark & Dr Prabhakar
12:10 - 12:50  Breaking the news to patients & working with systems
Dr Isobel Heyman & Dr Andy McWilliams
12:50 - 13:00  Reflections & Questions
13:00 - 13:40  Lunch
13:40 - 15:50  Clinical Workshops – each workshop will run 3 times, and delegates will be allocated to group A, B or C
Workshop 1: The Role of Psychoeducation in helping to treat MUS Dr Fiona McFarlane & Dr Lee Hudson
Workshop 2: Key Principles in Treatment Dr Daniel Stark
Workshop 3: Inpatient treatment and case example
Dr Ruth Marshall & Dr Jane McNicholas
15:50 - 16:10  Break
16:10 - 16:50  Dilemmas & Future Directions in Paediatric MUS
Professor Trudie Chalder

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