OCCUPATIONAL HEALTH

Occupational Health explained

Occupational Health (OH) is aimed at promoting physical and psychological well-being and preventing illness and injury arising from work activity.

The Occupational Health Service at UCL offers professional, confidential and objective advice about health, safety and well-being, including:

- Work related health screening
- Immunisation
- Advice on workplace adjustments
- Rehabilitation following sickness absence
- Early access to physiotherapy
- Short term counselling.

The UCL Occupational Health team

The team includes both administrative staff and clinical staff. All clinical staff hold up-to-date registration with their relevant (Nursing, Medical and Physiotherapy) professional bodies and have significant post-registration experience and/or qualification as Specialist Occupational Health Practitioners.

Confidentiality

Occupational Health Practitioners are bound by the same rules of medical confidentiality as other health professionals, and the duty of confidentiality is extended to all members of the Occupational Health team. The OH team believes that in order to maintain the trust of staff providing sensitive information, and of managers seeking our advice, confidentiality and objectivity is fundamental.