What to do if you are exposed to human blood or bodily fluids

1. Encourage bleeding if there is a puncture wound – but do not suck the wound!

2. Wash wound or exposed area with soap and water or irrigate eyes with water


4. Report for assessment within 1 hour
   - **Bloomsbury Campus** – UCL Occupational Health (0900-1700) or UCLH Accident and Emergency Department (1700-0900)
   - **Hampstead Campus** – Call ‘needle stick hotline’ on 020 7794 3301
   - **Archway Campus** – Whittington Accident and Emergency Department
   - **Post Graduate Institutes** at sites other than above – follow local NHS Trust Procedure

5. UCL Occupational Health Service should be contacted in all circumstances as soon as possible after exposure. Please call: (020) 7679 2802 (internal number 32802)