Fitness to Practise Procedures – A guide for students

Background
Students on professional training programmes are expected to conduct themselves and to behave in a professional manner at all times, both at UCL, in the workplace and in their conduct outside of work, in line with the professional codes of practise that apply to their discipline. Professional programmes have a duty to the public to ensure that students seeking to enrol and students who are enrolled meet the relevant standards of professional conduct.

Fitness to practise – the responsibilities of students and of programmes
This document focuses on the ways a programme will respond when a student’s fitness to practise is called into question. However, it is critical to emphasise that all programmes would prefer to resolve issues at a stage where they can still be managed, and before they become a matter for more formal investigation. For this to happen students need to feel able to come forward and discuss problems or issues with those members of staff charged with their support. In turn, the first response of programmes will usually be to discuss the matters the student is raising and see if they can be resolved with appropriate management and support.

Although it is understandable that students will feel worried about the consequences of drawing attention to their fitness to practise, a willingness to recognise and to try to resolve concerns is an important marker that will usually count for, rather than against, the student.

Programmes to whom this document applies
The procedures outlined below apply to students enrolled on non-medical professional programmes in the UCL School of Life and Medical Sciences (SLMS) – specifically:

- Doctorate in Clinical Psychology
- Doctorate in Educational Psychology
- Doctorate in Clinical Communication Science
- BSc Speech Sciences
- MSc Speech and Language Sciences
- MSc Developmental Psychology and Clinical Practice

The procedure for the “assessment of fitness to practise in a professional capacity” is available to students at the following link on the UCL School of Language and Medical Sciences (SLMC) web-page: http://www.ucl.ac.uk/slms/education/education-accord/ftp

Matters giving rise to concern
Students on professional programmes will be advised about the professional standards expected of them. Common examples of issues which may give rise to concern about a student’s fitness to practise include (without limitation):

a) Criminal conviction, caution, reprimand or penalty notice of disorder (PND) or equivalent;
b) Aggressive, violent or threatening behaviour;
c) Cheating or plagiarising;
d) Dishonesty or fraud, including dishonesty outside the professional role;
e) Persistent inappropriate attitudes or behaviour including:
   lack of commitment to academic work;
   neglect of administrative tasks;
poor time management;
infrequent or non-attendance;
poor communication;
failure to accept or follow educational advice;
failure to follow health and safety requirements;
failure to follow the rules and regulations of the university and/or the programme

f) Unprofessional behaviour or attitudes including:
- exploiting the vulnerability of a client to establish a sexual relationship;
- failure to observe appropriate boundaries in behaviour;
- offences against the vulnerable, including children, the elderly and the mentally incapacitated;
- breaches of confidentiality;
- sexual, racial or other forms of harassment;
- persistent rudeness, bullying;
- unlawful discrimination

g) Disciplinary offences within the programme;

h) Health concerns and particularly a lack of insight or management of these concerns, including:
- failure to seek appropriate medical treatment or other support;
- failure to follow medical advice or care plans, including monitoring and reviews, in relation to maintaining fitness to practise;
- failure to recognise limits and abilities or lack of insight into health concerns and/or treatment-resistant conditions, which might impair fitness to practise;
- failure of treatment for a chronic and serious mental health condition;
- chronic drug or alcohol abuse

i) A failure to abide by professional codes of conduct that apply to the profession being trained by the programme

An impairment or health condition may make it impossible for a student to graduate with an accredited degree, preventing them from entering training, or registering with the relevant professional body. On this basis it is important that matters affecting a student's fitness to practise are managed as soon as practicable after they have arisen.

**Fitness to practise prior to admission**

Prior to admission onto a programme all students are required to complete a self-declaration form to inform the programme of any ongoing health concerns, previous criminal convictions or cautions, or sanctions they have received from any professional bodies, in particular healthcare regulators. Students must advise the programme of any convictions, cautions, warnings or reprimands irrespective of the reasons.

Any issues or concerns identified from the self-declaration forms will be investigated by the programme to determine whether it is appropriate or even possible for that student to be enrolled on the course.

Where information comes to light prior to the commencement of the programme that was not included on self-declaration forms, the programme reserves the right to immediately withdraw the offer of a place on the programme to the individual concerned and to notify the relevant professional body of the incident.

**Fitness to practise following admission**

Individual programmes may vary in their specific requirements (and will advise students accordingly), though where students are working with the public they will usually be
required to undergo enhanced Criminal Records Bureau ("CRB") clearance and an occupational health check, usually before registration with the programme. Students may also be required to sign documentation agreeing to abide by any applicable professional codes of conduct during enrolment.

Students are expected to notify their programme as soon as is reasonably practicable if there is any subsequent change to their CRB or health status.

At the beginning of each academic year students may be required to complete a self-declaration form to certify that there has been no change in their CRB or health status.

Students are strongly encouraged to seek support for any matter before it becomes a fitness to practise concern. The student should seek advice from programme staff charged with offering student support, who can then provide appropriate and ongoing support to the student.

Health
In most cases health conditions (including disabilities) will not raise fitness to practise concerns, provided the student receives the appropriate care and reasonable adjustments necessary to study and work safely. However, certain health conditions may make it impossible for a student to graduate with an accredited degree.

Health issues identified during the self-declaration process and/or occupational health checks will be assessed independently by the occupational health services linked to the programme. Information confirming health clearance or advising of concerns will be notified to the programme and referrals to appropriate specialist services may be agreed in consultation with the student, particularly in relation to potential disabilities, so that appropriate adjustments can be identified and supports established as early as possible in line with the Equality Act 2010.

Students may be re-referred to the occupational health service at any point during their studies. This may be due, for example, to a period of extended sick leave, the development of a new health condition or to re-assess health needs prior to the beginning of a practicum assignment/practice placement.

A student's refusal to submit to a medical examination (for example when the student is suffering from a continuing or episodic condition or a condition in remission which may be expected to recur) may in itself give rise to a concern of an impairment to the student's fitness to practise and may be dealt with using the fitness to practise procedures.

The School encourages students to register with a local GP (and other healthcare professionals as appropriate) who will be able to offer them support and continuity of care.

Discipline
It is possible that issues which give rise to concerns about a student's fitness to practise may be based on incidents which could also constitute disciplinary offences under the UCL Disciplinary Code (www.ucl.ac.uk/academic-manual/part-5/disciplinary-code).

Programmes will investigate and address cases involving a potential overlap between disciplinary offences and fitness to practise concerns using either the student disciplinary
procedure or the fitness to practise procedure. This includes the right to switch procedures if it becomes apparent during the operation of one procedure that it would be more appropriate for the matter to be addressed using the other procedure. For example during a fitness to practise investigation it might become apparent that the alleged behaviour of a student is sufficiently serious to warrant permanent exclusion from the university. At this point the case could be referred to the disciplinary procedure and the fitness to practise procedure be suspended pending completion of that process.

**Criminal conduct**
An allegation of criminal conduct will normally be reported to the police and further action under the fitness to practise procedure or the student disciplinary procedure will normally be suspended until the outcome of criminal investigations and/or subsequent criminal proceedings is known.

**Initial (investigatory) stage of the fitness to practise procedure**
Any person who has concerns about a student’s fitness to practise may refer the matter to the relevant programme director(s) for consideration under this procedure. The programme director(s) (along with other member of the programme team he or she nominates to do so) will conduct an initial investigation of the concerns to decide whether there is a case to answer.

The initial investigation will be proportionate and will consider the interests of clients and the public against those of the student. Where the investigator considers the concerns may have substance he or she will arrange to meet with the student to raise and discuss the concerns in order to ascertain the student’s views and/or explanation. The investigator will consider any mitigating factors as part of this initial investigation.

If concerns are substantiated, the programme director(s) (or their nominee) will determine whether referral to the formal stage of the fitness to practise procedure is appropriate.

**Formal stage of the fitness to practise procedure**
When concerns have not been allayed or resolved during the informal stage of this fitness to practise procedure or the concerns have been referred straight to this formal stage, the programme will notify the student in writing that the case is to be referred to a fitness to practise panel for consideration. The procedures to be followed by this panel are described in “procedure for the assessment of fitness to practise in a professional capacity”.

When concerns have not been allayed or resolved during the informal stage of this fitness to practise procedure or the concerns have been referred straight to this formal stage pursuant

**Suspension of studies during the investigation of concerns**
The fitness to practise procedures are designed to investigate whether or not there is a concern that requires a response. On this basis it will not usually be appropriate to suspend a student before these procedures have been completed (because to do so could be seen as pre-judging the issue). However, there may be circumstances where the concerns being investigated are considered serious enough to warrant immediate
suspension of the student (for example, where the student’s behaviour represented a clear threat to the well-being of others, or was sufficiently concerning to raise significant concerns about the programme’s duty of care to the public).

Confidentiality and Disclosure
Disclosure to the relevant professional/ regulatory body will only take place if it is necessary and proportionate in the circumstances of the case, having considered the risks associated with not disclosing the information.

The student also has responsibility to disclose information regarding concerns about fitness to practise to the relevant registration/ professional body when applying for registration. This will be made clear to students in the letter sent to them after the Panel hearing.

The retention of fitness to practise information and the confidentiality of records relating to fitness to practise hearings will be managed in accordance with the Data Protection Act 1998.

Notice and grounds of Appeal
The grounds and procedures for appeal are outlined in “procedure for the assessment of fitness to practise in a professional capacity”.

Fitness to Practise: Self-Declaration Form

As professional practitioners working with the public, trainees studying for the DECPsy need to be “Fit to Practise”. The appendix to this form gives examples of factors that would give rise to concerns about an individual’s fitness to practise once enrolled on the Course.

Prior to entry, trainees will be subject to two ‘screening’ procedures – through Occupational Health, and through the Disclosure and Barring Service (DBS) check.

**Occupational Health**
This screening is designed to identify any health conditions or disabilities which would make it difficult or impossible for a trainee to study or to practise as a trainee Educational Psychologist.

It is important to state that (in most cases) health conditions and/or disabilities will not raise fitness to practise concerns, because under the Disability Discrimination Act (1995 & 2005) the Course has a responsibility to make reasonable adjustments for students with an impairment affecting their ability to study or work on placement.

**DBS Checks**
All trainees will be subject to a DBS check. Individuals with a prior criminal record (including cautions or spent convictions) will be subject to an assessment by the NCTL to determine whether it is appropriate for them to enter the course. We ask all prospective trainees to declare anything which they feel may be raised by the check, so that we can make a fitness to practise assessment prior to enrolment. Any information provided will be held in strict confidence and used only for this purpose.

**Why a self-declaration form?**
In addition to these formal checks, trainees are asked to declare whether there are any areas which could impair their fitness to practise. This is because one criteria for judging fitness to practise is whether an individual is open about any relevant concerns, and willing to work collaboratively with relevant staff to address (and hopefully to overcome) any issues.

Dr Sandra Dunsmuir is the line manager for all trainees. As such the self-declaration form which follows should be completed and sent (separately from other materials) to:

Dr Sandra Dunsmuir in Educational Psychology Group, Research Department of Clinical, Educational and Health Psychology, UCL, 26 Bedford Way, London, WC1H 0AP.

If you have any queries please contact Dr Dunsmuir by email or by phone (s.dunsmuir@ucl.ac.uk; 020 7679 5341).
Fitness to Practise: Self-Declaration Form

1. Do you have any physical or psychological health issue that may affect your ability to undertake training as a trainee Educational Psychologist? Please include any problems you have with communication or cognition.
   - Yes
   - No

2. Do you have a disability or other health condition not mentioned above that means you may require additional help or support in undertaking training?
   - Yes
   - No

3. Do you have any spent or unspent convictions or cautions that you would like to declare?
   - Yes
   - No

4. Have you ever received a sanction from, or are you currently under investigation by a professional body?
   - Yes
   - No

If you have answered yes to any question, please provide details below. (Please continue on an additional sheet if necessary.)

Name:  
Signature:  
Date:  