# Masterclass / Modular MSc in Advanced Audiology Tinnitus and Hyperacusis in Adults and Children

**23rd – 25th January 2018**

**Tuesday 23rd January 2018**

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<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker/Institution</th>
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<tr>
<td>9.00</td>
<td>Registration and coffee</td>
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<tr>
<td>9.30</td>
<td>Welcome and introduction</td>
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<td>9.35</td>
<td>Tinnitus – mechanisms and models</td>
<td>Roland Schaette, UCL Ear Institute</td>
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<td>10.15</td>
<td>Tinnitus – related distress</td>
<td>Lucy Handscomb, UCL Ear Institute</td>
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<td>11.00</td>
<td>Coffee break</td>
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<td>11.30</td>
<td>Tinnitus assessment: history taking and red flags</td>
<td>Amr El-Refaie, University College Cork</td>
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<td>12.15</td>
<td>Public understanding of tinnitus</td>
<td>Amrita Heer, UCL Ear Institute</td>
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<td>12.30</td>
<td>Tinnitus management strategies: an overview</td>
<td>Derek Hoare, NHBRU Nottingham</td>
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<td>14.00</td>
<td>Psychological interventions: mindfulness-based cognitive therapy and sleep therapy</td>
<td>Elizabeth Marks and Laurence McKenna, RNTNEH</td>
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<td>Using a tinnitus model in the clinic</td>
<td>Lucy Handscomb, UCL Ear Institute</td>
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<td>15.15</td>
<td>Internet-based interventions</td>
<td>Eldre Beukes, NHBRU Nottingham</td>
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<td>16.15</td>
<td>Hearing aids and noise generators for tinnitus treatment</td>
<td>Magda Sereda, NHBRU Nottingham</td>
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<td>16.45</td>
<td>Tinnitus incidence and costs</td>
<td>Don McFerran, Colchester University Hospital</td>
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<td>End of Day One</td>
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**NHBRU**  
Nottingham Hearing Biomedical Research Unit

**RNTNEH**  
Royal National Throat, Nose and Ear Hospital.
Masterclass / Modular MSc in Advanced Audiology Tinnitus and Hyperacusis in Adults and Children

23rd – 25th January 2018

Wednesday 24th January 2018

8.30     Registration and coffee

9.00     Hyperacusis – mechanisms and models
         Roland Schaette, UCL Ear Institute

9.30     Hyperacusis – assessment and treatment
         Dave Baguley, NHBRU Nottingham

10.30-11.00 Coffee break

11.00    Recent research in Hyperacusis
         Kathryn Fackrell, NHBRU Nottingham

11.45    Audiologist-led tinnitus management
         Dean Thompson, NHBRU Nottingham

12.30    Apps for Tinnitus Management: Brief Overview and Commentary
         Roland Schaette, UCL Ear Institute

12.45-13.45 Lunch break

13.45-14.00 Workshop rotation (choice of 2 out of 3)

- Cognitive behavioural therapy and mindfulness meditation
  Laurence McKenna, RNTNEH

- Low-intensity Audiologist-delivered psychological techniques for tinnitus
  Dean Thompson, NHBRU Nottingham

- Hyperacusis Assessment and Management
  Dave Baguley, NHBRU Nottingham

17.00    End of Day Two
Masterclass / Modular MSc in Advanced Audiology Tinnitus and Hyperacusis in Adults and Children

23rd – 25th January 2018

Thursday 25th January

8.30  Registration and coffee

9.00-9.15  A brief introduction to the day – working with children with tinnitus, hyperacusis and misophonia  Lucy Partridge, RNTNEH

9.15 – 10.00  Working with children with tinnitus: assessment and management  Claire Benton, Nottingham

10.00-10.45  Working with children with hyperacusis: assessment and management  Veronica Kennedy, Bolton NHS Trust

10.45-11.15  Coffee break

11.15-11.40  The Tinnitus & Hyperacusis multidisciplinary clinic at the Nuffield Hearing & Speech Centre  Daniel de Val, RNTNEH

11.40-12.05  Children with Tinnitus and Functional Listening: Considerations  Caroline Munro, RNTNEH

12.05-12.25  Self-management of tinnitus and hyperacusis at home and school  Lucy Partridge, RNTNEH

12.25-12.50  An overview of working with children with misophonia  Lucy Partridge, RNTNEH

12.50  Questions

13.00-14.00  Lunch break

14.00-14.15  Workshop rotation 1 (choice of 2 out of 3)

15.15-16.30  Workshop rotation 2

Child-friendly model of tinnitus  Rosie Kentish

Working with children with hyperacusis – graded exposure  Phil Lurie

Teaching relaxation techniques to children  Claire Benton

17.00  End of course