Masterclass / Modular MSc in Advanced Audiology
Tinnitus and Hyperacusis in Adults and Children

24th – 26th January 2017

Day 1 – Tuesday 24th January 2017

8.30  Registration and coffee

9:00  Welcome and introduction

9:05  Tinnitus – mechanisms and models  
      Roland Schaette, UCL Ear Institute

9:45  The cognitive model of tinnitus distress  
      Lucy Handscomb, UCL Ear Institute

10.30 – 11.00  Coffee break

11:00  Mindfulness-based cognitive therapy against tinnitus: concepts and clinical experience  
      Elizabeth Marks, RNTNEH

11:45  Tinnitus management – evidence update and recommended procedures  
      Derek Hoare, NHBRU Nottingham

12.30  Devices for the treatment of tinnitus – concepts and functions

13.00 – 14.00  Lunch break

14:00  Hyperacusis – mechanisms and models  
      Roland Schaette, UCL Ear Institute

14.45  Measuring the impact of tinnitus and hyperacusis  
      Kathryn Fackrell, NHBRU Nottingham

15.30 – 16:00  Tea break

16.00  Syndromic tinnitus  
      Don McFerran, Colchester University Hospital

17:00  End of day one
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Day 2 – Wednesday 25th January 2017

8:30  Registration and coffee
9:00  Assessment of Tinnitus
      Amr El-Rafaie, University College Cork
9:45  Towards an audiologist-delivered psychological therapy: A scoping review and Delphi survey
      Dean Thompson, NHBRU Nottingham
10:30 – 11:00  Coffee break
11:00  Hyperacusis: Mechanisms, Assessment, Treatment
      David Baguley, NHBRU Nottingham
12:00  Tinnitus management with hearing aids
      Magdalena Sereda, NHBRU Nottingham
12:45 – 13:45  Lunch break
13:45 – 14.00 Group allocation for workshops
14:00  Workshop Rotation (choice of 2 out of 3)

Cognitive behavioural therapy and mindfulness meditation
      Laurence McKenna, RNTNEH

Audiologist-delivered psychological therapy
      Dean Thompson, NHBRU Nottingham

Explaining tinnitus and hyperacusis
      Roland Schaette, UCL Ear Institute

17:00  End of day 2
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Day 3 – Thursday 26th January 2017

8:30 am Coffee and registration

9:00 – 9:40 Children and young people with tinnitus: an overview.
Rosie Kentish, Consultant Clinical Psychologist RNTNE Hospital, London

9:40 – 10:20 Hyperacusis in Children: an overview
Veronica Kennedy, Consultant Audiovestibular Physician, Bolton NHS Trust

10:20 – 10:50 Tea and coffee

10:50 -11:40 am: Misophonia.
Lucy Partridge and David Scott, Clinical Psychologists, RNTNE Hospital, London

11:40 – 12:10 Audiological management of children with tinnitus and hyperacusis.
Daniel de Val, Head of Paediatric Audiology, RNTNE Hospital, London

12:10 – 12:40 Management of tinnitus and hyperacusis in school.
Caroline Munro, Teacher of the Deaf, RNTNE Hospital, London

12:40 – 13:00 Questions from the morning sessions

13:00 – 14:00 Lunch break

14:00 – 16:30 Workshops (2 out of 3)

Hyperacusis treatment – a psychological approach using desensitisation techniques.
Zara Jay, Clinical Psychologist, RNTNE Hospital and Jacob Waites, Trainee Clinical Psychologist

Fitting Sound Generators for children with tinnitus and hyperacusis.
Lynette Elliot, Head of Audiology, Windsor

Teaching relaxation techniques to children
Phil Lurie, Clinical Psychologist, RNTNE Hospital and Kristy Chow Graduate Psychologist

16:30 End of course