UCLPartners
Academic Health Science Partnership

ENT Clinical Trials Programme

Professor Anne Schilder- Director

ENT- The Hidden Giant

Upper respiratory tract infections

- 6 million GP consultations
- most common reason for antibiotics and surgery in children
- costs of antibiotics for URTI £24 million

Allergy

- 3 million GP consultations
- 4.5 million GP prescriptions for nasal allergies
- costs of prescriptions £0.9 billion

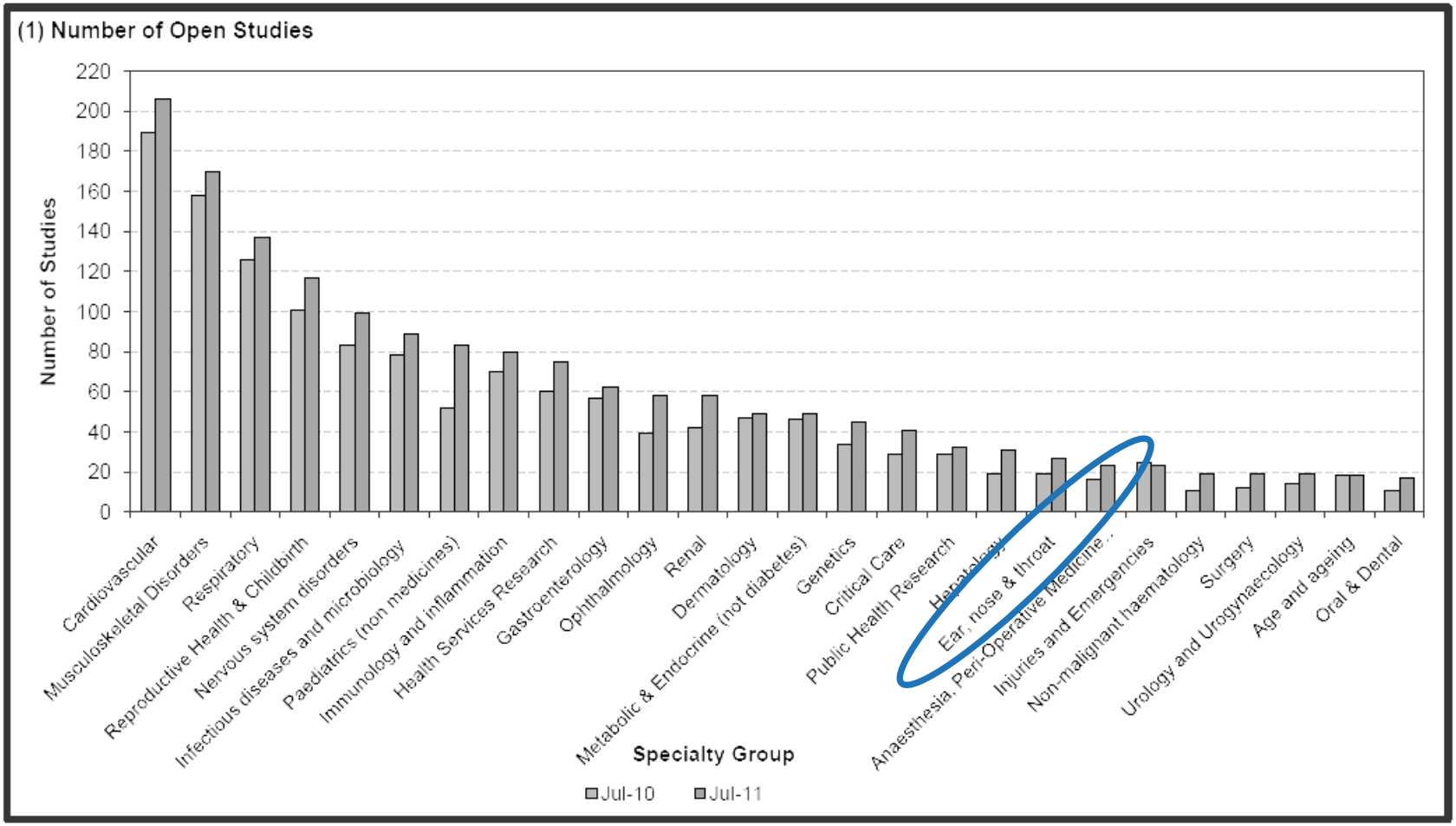
Balance problems

- 14 million GP consultations
- benefits claimed for dizziness £ 24 million

Hearing loss

- 10 million people in UK
- 70% of people over 70 years
- 40% experience mental health problems
- costs of unemployment because of unaided hearing loss £13.5 billion

ENT Clinical Research Activity



Programme Aim

- **Establish the world leading ENT Clinical Trials Programme at UCL**
- **Develop the evidence base for ENT**

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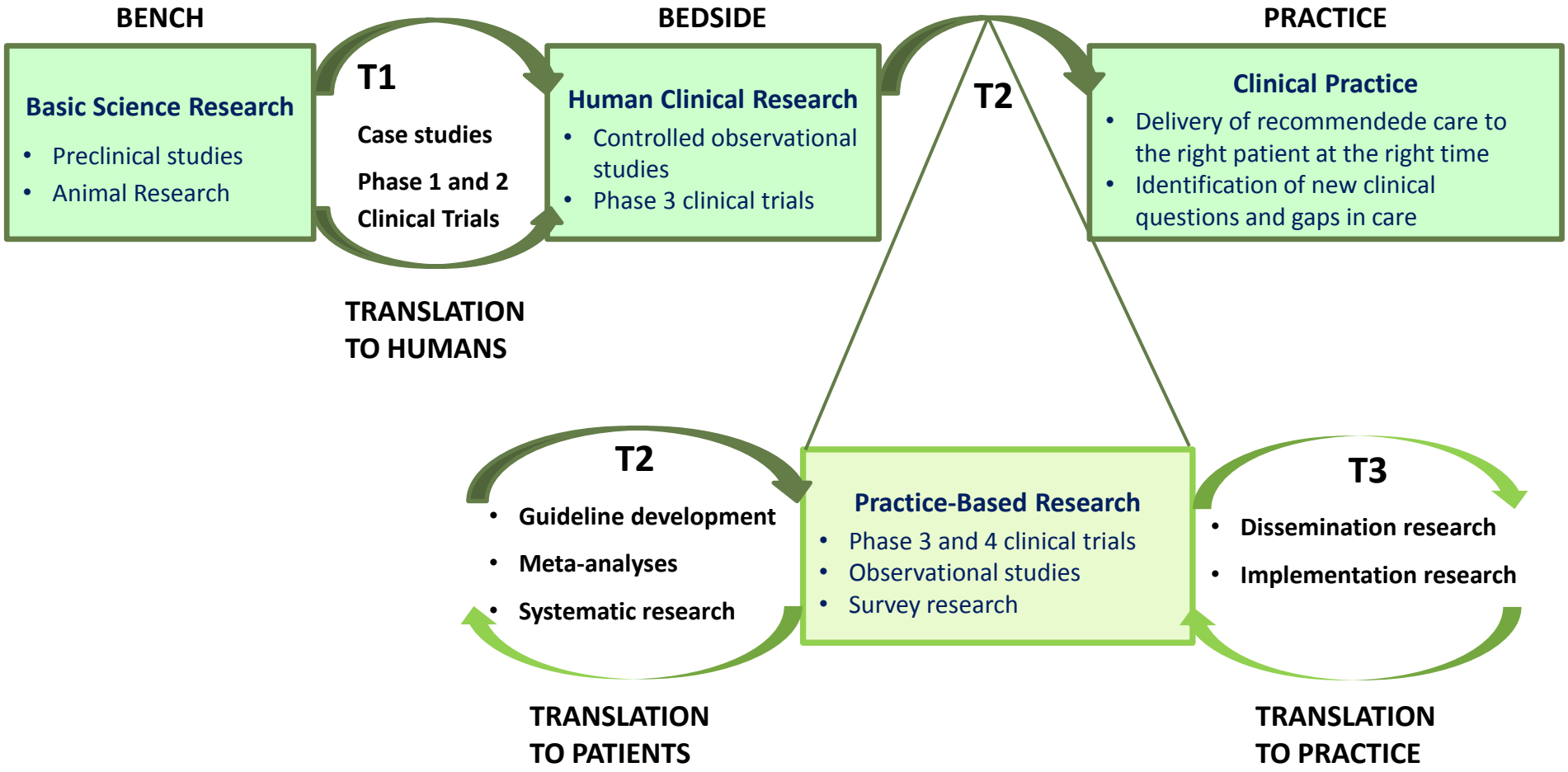
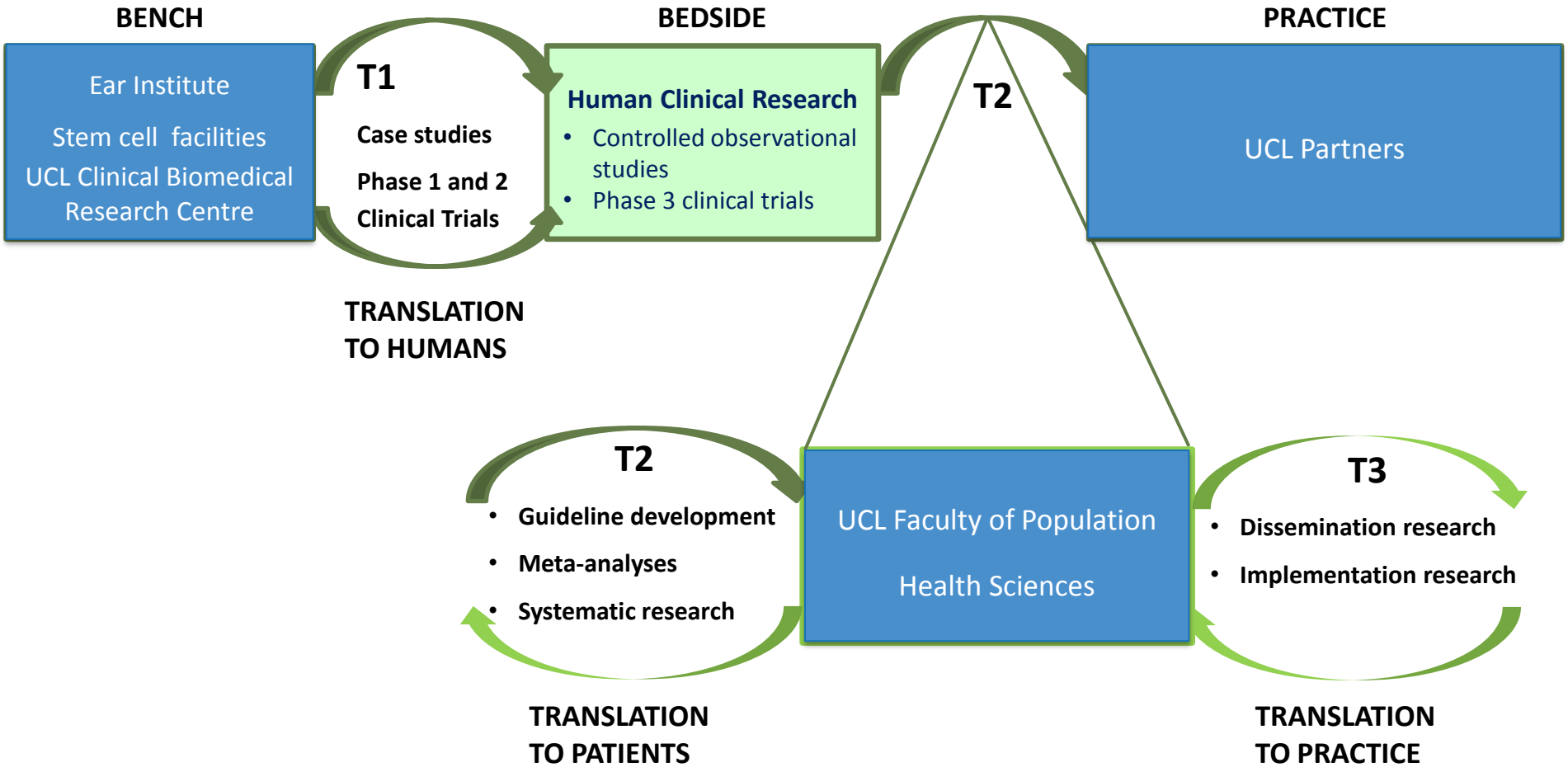
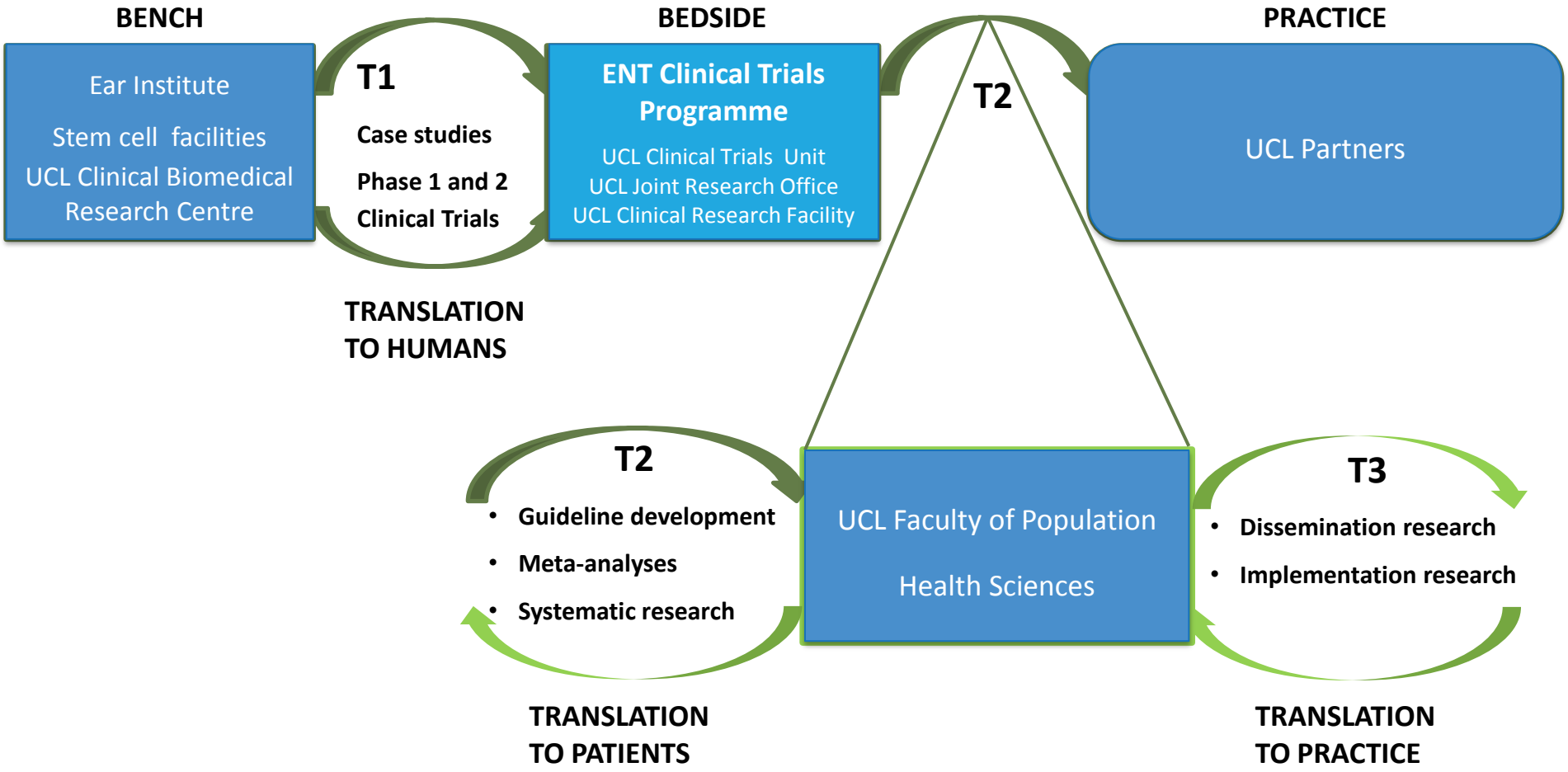
Pathway of Translation to Practice



Current Research Strengths at UCL



The Missing Link



Key Steps

- Work with the Cochrane ENT Disorders group to summarise what is known about treatments and prevention of ENT conditions
- Engage clinicians and form national and international collaborations spanning the translational pathway
- Obtain funding, develop and open new studies and trials
- Work with the UK Clinical Research Network ENT Speciality Group
- Disseminate the findings and develop evidence based guidelines
- Develop the next generation of research leaders in ENT

Achievements so far

- Joint joint Co-ordinating Editor of the Cochrane ENT Disorders Group

THE COCHRANE COLLABORATION®

- Chair of the National and Local Central and East London ENT Specialty Group of the NIHR Clinical Research Network

NIHR CRN
NIHR Clinical Research Network Coordinating Centre

- NIHR Research Professorship

DH Department of Health

‘ **New research professors will help treatments make the leap from the bench to the bedside’** February 15, 2012