SUPERVISOR WORKSHOP PROGRAMME 2017–2018
For Supervisors of North Thames’ Trainee Clinical Psychologists

The three North Thames Doctoral Programmes in Clinical Psychology (DClinPsy) – University College London (UCL), Royal Holloway University of London (RHUL) and University of East London (UEL) – run a programme of workshops* for supervisors of Trainee Clinical Psychologists in the region.

Please note these workshops are for supervisors of North Thames DClinPsy trainees only. Priority is given to supervisors who are either currently supervising, or expecting to supervise within the next placement intake.

These events are free.

To book a place or seek information about a particular workshop, please contact the administrator of the course hosting the workshop.

Course administrator contact details:

RHUL
Tel: 01784 443851
E-mail: clinpsyworkshops@rhul.ac.uk

UEL
Tel: 020 8223 4501
E-mail: clinpsyworkshops@uel.ac.uk

UCL
Tel: 020 7679 1897
E-mail: placements-admin@ucl.ac.uk

* Supervisor workshops hosted by UCL and RHUL are held in central London locations close to Tottenham Court Road. Workshops hosted by UEL are generally held at the UEL Stratford Campus.
**Supervision Part 1: Two-day Workshop for New Supervisors**

**Thursday 7th & Friday 8th September 2017**

09.30am – 4.30pm (Day 1)

10.00am – 4.00pm (Day 2)

**Host:** UCL – Tel: 020 7679 1897 | E-mail: placements-admin@ucl.ac.uk

This two-day workshop is for psychologists and therapists who are relatively new to supervising or are about to supervise Trainee Clinical Psychologists in the North Thames region for the first time. It is part 1 of 2 workshops towards eligibility for registration with the BPS Register of Applied Psychology Practice Supervisors (RAPPS).

**Workshop content:**
- Information about the DClinPsy programmes in North Thames.
- Models of learning and training, and the structure of supervisor sessions.
- Monitoring, assessing and giving feedback to trainees; BPS and DClinPsy programme supervision requirements.

---

**Neuropsychology Workshop**

**Thursday 16th November 2017**

10.00am – 4.30pm

**Host:** UEL – Tel: 020 8223 4174 | E-mail: clinpsyworkshops@uel.ac.uk

This workshop is for psychologists and therapists who supervise DClinPsy trainees undertaking psychometric assessment. It is aimed at those who would like a refresher on neuropsychological theory and how this applies to supervising trainees on placement. This year the focus will be on adult/older adult presentations.

**Workshop content:**
- Key psychometric constructs.
- The neuropsychological examination – comprehensive test batteries.
- Scoring, interpretation & differential diagnosis.
- Reporting and feedback.
BABCP Supervisor Workshop
Friday 1st December 2017
10.00am – 4.00pm

Host: UCL – Tel: 020 7679 1897 | Email: placements-admin@ucl.ac.uk

This workshop is for supervisors who are accredited with the BABCP and who are offering a placement to DClinPsy trainees in Autumn 2017 or Spring 2018.

Workshop content:
- The BABCP pathway through DClinPsy training: *What do I need to know and do as a supervisor?*
- Reliable rating of assessment and therapy sessions using the UCL CBT Rating Scale and the CTS-R.

Supervision Part 1: Two-day Workshop for New Supervisors
Thursday 7th & Friday 8th December 2017
09.30am – 4.30pm (Day 1)
10.00am – 4.00pm (Day 2)

Host: RHUL* – Tel: 01784 443851 | E-mail: clinpsyworkshops@rhul.ac.uk

This two-day workshop is for psychologists and therapists who are relatively new to supervising or are about to supervise Trainee Clinical Psychologists in the North Thames region for the first time. It is part 1 of 2 workshops towards eligibility for registration with the BPS Register of Applied Psychology Practice Supervisors (RAPPS).

Workshop content:
- Information about the DClinPsy programmes in North Thames.
- Models of learning and training, and the structure of supervisor sessions.
- Monitoring, assessing and giving feedback to trainees; BPS and DClinPsy programme supervision requirements.

*Hosted at a central London location close to Tottenham Court Road.*
**Formulation**
Thursday 18th January 2018
10.00am – 4.30pm

Host: UEL – Tel: 020 8223 4174 | E-mail: clinpsyworkshops@uel.ac.uk

This workshop is for psychologists and therapists who already have some experience of supervising DClinPsy trainees.

**Workshop content:**
- What do we mean by formulation skills?
- How are formulation skills taught?
- Build on your current skills in teaching trainees to formulate.

---

**Supervision Part 2 – Advanced Supervisor Workshop**
Thursday 1st February 2018
10.00am – 4.30pm

Host: UEL – Tel: 020 8223 4174 | E-mail: clinpsyworkshops@uel.ac.uk

This workshop is for psychologists and therapists who already have some experience of supervising DClinPsy trainees in the North Thames region. It is Part 2 of 2 workshops towards eligibility for registration with the BPS Register of Applied Psychology Practice Supervisors (RAPPS).

We suggest that people enrol on this workshop after a minimum of 12 months after attending the two-day introductory workshop (Part 1). Priority will be given to those currently supervising DClinPsy trainees.

**Workshop content:**
Revisiting themes from Part 1 in the context of supervisors’ experiences with trainees. The content includes:
- Dilemmas in the supervisory relationship.
- Managing power in the supervisory relationship.
- The supervisor’s role as both assessor and facilitator of learning.
• Evaluation of trainees’ clinical competence.
• Working with trainees who may be struggling on placement.

CBT Supervision
Friday 16th February 2018
10.00am – 5.00pm

Host: UCL – Tel: 020 7679 1897 | Email: placements-admin@ucl.ac.uk

This workshop is designed for supervisors who are already regularly using CBT in their clinical practice, and would like to ‘fine tune’ their approach to using CBT within supervision of DClinPsy trainees. A working knowledge of the theory and practice of CBT will be assumed.

Workshop Content:
• How CBT theory informs good practice within supervision.
• The use of CBT approaches within supervision.
• An overview of the BABCP pathways on the RHUL and UCL DClinPsy programmes.
• Monitoring progress and competency in CBT and giving feedback using the CTS-R and UCL CBT Rating Scale.

Systemic Supervision
Thursday 8th March 2018
10.00am – 4.30 pm

Host: RHUL* – Tel: 01784 443851 | E-mail: clinskyworkshops@rhul.ac.uk

This workshop is for psychologists and therapists who use systemic theory routinely in their clinical practice and would like to develop their skills in supervising DClinPsy trainees in systemic practice.

Workshop Content:
• Systemic teaching curriculum on the North Thames DClinPsy programmes.
• Different ways of helping trainees to apply theory to practice.
• Evaluating competency.
*Hosted at a central London location close to Tottenham Court Road.*
Leadership in Clinical Psychology
Thursday 22nd March 2018
10.00am – 4.30pm

Host: RHUL* – Tel: 01784 443851 | E-mail: clinpsyworkshops@rhul.ac.uk

The aim is to support supervisors in the development of DClinPsy trainees’ leadership competencies.

Workshop content:
- Exploring relevant models of leadership.
- Examining the DCP Clinical Psychology Leadership Development Framework.
- Generating practical ideas for appropriate trainee activities on placement to support the development of leadership competencies.

*Hosted at a central London location close to Tottenham Court Road.

Supervision Part 1: Two-day Workshop for New Supervisors
Thursday 5th & Friday 6th April 2018
09.30am – 4.30pm (Day 1)
10.00am – 4.00pm (Day 2)

Host: UEL – Tel: 020 8223 4174 | E-mail: clinpsyworkshops@uel.ac.uk

This two-day workshop is for psychologists and therapists who are relatively new to supervising or are about to supervise Trainee Clinical Psychologists in the North Thames region for the first time. It is part 1 of 2 workshops towards eligibility for registration with the BPS Register of Applied Psychology Practice Supervisors (RAPPs).

Workshop content:
- Information about the DClinPsy programmes in North Thames.
- Models of learning and training, and the structure of supervisor sessions.
- Monitoring, assessing and giving feedback to trainees; BPS and DClinPsy programme supervision requirements.
Supervision Part 1: Two-day Workshop for New Supervisors
Thursday 7th & Friday 8th June 2018
09.30am – 4.30pm (Day 1)
10.00am – 4.00pm (Day 2)

Host: RHUL* – Tel: 01784 443851 | E-mail: clinpsyworkshops@rhul.ac.uk

This two-day workshop is for psychologists and therapists who are relatively new to supervising or are about to supervise Trainee Clinical Psychologists in the North Thames region for the first time. It is part 1 of 2 workshops towards eligibility for registration with the BPS Register of Applied Psychology Practice Supervisors (RAPPS).

Workshop content:
- Information about the DClinPsy programmes in North Thames.
- Models of learning and training, and the structure of supervisor sessions.
- Monitoring, assessing and giving feedback to trainees; BPS and DClinPsy programme supervision requirements.

*Hosted at a central London location close to Tottenham Court Road.

Supervision Part 2: Advanced Supervisor Workshop
Thursday 14th June 2018
10.00am – 4.30pm

Host: UCL – Tel: 020 7679 1897 | Email: placements-admin@ucl.ac.uk

This workshop is for psychologists and therapists who already have some experience of supervising DClinPsy trainees in the North Thames region. It is Part 2 of 2 workshops towards eligibility for registration with the BPS Register of Applied Psychology Practice Supervisors (RAPPS).

We suggest that people enrol on this workshop after a minimum of 12 months after attending the two-day introductory workshop (Part 1). Priority will be given to those currently supervising DClinPsy trainees.

Workshop content:
Revisiting themes from Part 1 in the context of supervisors’ experiences with trainees. The content includes:
- Dilemmas in the supervisory relationship.
- Managing power in the supervisory relationship.
- The supervisor’s role as both assessor and facilitator of learning
- Evaluation of trainees’ clinical competence.
- Working with trainees who may be struggling on placement.
Supervision Part 1: Two-day Workshop for New Supervisors
Thursday 13th & Friday 14th September 2018
09.30am – 4.30pm (Day 1)
10.00am – 4.00pm (Day 2)

Host: UCL – Tel: 020 7679 1897 | Email: placements-admin@ucl.ac.uk

This two-day workshop is for psychologists and therapists who are relatively new to
supervising or are about to supervise Trainee Clinical Psychologists in the North Thames
region for the first time. It is part 1 of 2 workshops towards eligibility for registration with the
BPS Register of Applied Psychology Practice Supervisors (RAPPS).

Workshop content:
- Information about the DClinPsy programmes in North Thames.
- Models of learning and training, and the structure of supervisor sessions.
- Monitoring, assessing and giving feedback to trainees; BPS and DClinPsy programme
  supervision requirements.