SUPERVISORS' WORKSHOPS 2012-2013

For Clinical Psychologists

The three North Thames Clinical Psychology Training Programmes – University College London, Royal Holloway University of London and University of East London run a programme of workshops for supervisors of clinical psychology trainees in the North Thames region.

These events are free. Tea and coffee will be provided and there will be information on the day about nearby cafes and sandwich bars.

To book a place or seek information about a particular workshop, please contact the administrator of the course hosting the workshop:

Course administrator contact details:

RHUL
Tel: 01784 443851
Fax: 01784 472746
E-mail: **clinpsyworkshops@rhul.ac.uk**

UEL
Tel: 020 8223 4174
E-mail: **clinpsyworkshops@uel.ac.uk**

UCL
Tel: 020 7679 1897
Fax: 020 7916 1989
E-mail: **placements-admin@psychol.ucl.ac.uk**

Part 1- Two-day Workshop for New Supervisors – FULLY BOOKED

Thursday 13th & Friday 14th September 2012
10.00am to 4.30pm

Host: UCL, Tel: 020 7679 1897, Fax: 020 7916 1989, E-mail: placements-admin@psychol.ucl.ac.uk

This 2 day workshop is for clinical psychologists who are relatively new to supervising or are about to supervise trainee clinical psychologists in the North Thames for the first time. It is part 1 of 2 workshops towards eligibility for registration with the BPS Register of applied psychology practice supervisors (RAPPS).

Workshop content

- Information about the courses in North Thames
- Models of learning and training and the structure of supervisor sessions
- Monitoring, assessing and giving feedback to trainees BPS and course supervision requirements

Workshop Facilitators:
Facilitated by representatives from the North Thames Courses

Workshop for Psychodynamic Supervisors

Friday 2nd November 2012
10.00am to 4.30pm

Host: RHUL, Bedford Square, 2 Gower Street, WC1E 6DP, Tel: 01784 443851, Fax: 01784 472746, E-mail: clinpsyworkshops@rhul.ac.uk

This workshop is for clinical psychologists who use psychodynamic theory routinely in clinical practice and would like to develop their skills in supervising clinical psychology trainees in psychodynamic psychotherapy.

Workshop content

- To reflect on how and why we supervise clinical psychology trainees within a psychoanalytic framework
- To explore some of the dilemmas and challenges
- To consider recent and likely developments within clinical psychology training and their impact

Workshop Facilitators:
Dr Sarah Davidson, *Deputy Clinical Director*, **UEL**
Dr Tom Harris, *Clinical Tutor*, **UCL**

Developing Service Related Research - CANCELLED

Friday 23rd November 2012
1.30pm to 4.30pm

Host: UCL, Tel: 020 7679 1897, Fax: 020 7916 1989, E-mail: placements-admin@psychol.ucl.ac.uk

This workshop is for clinical psychologists who supervise clinical psychology trainees undertaking small scale service related research projects.

Workshop content
This workshop is designed to assist regional supervisors to develop or consolidate their skills in supervising Service Related Research Projects. The workshop will cover:

- A definition of a Service Related Research Project and audit
- The scope and time frame of an SRRP
- How to develop ideas for an SRRP
- Expectations for the supervisor and trainee
- Basic design, methodology, and analysis for SRRPs
- How to assist with writing up (including possible publication)

The workshop is designed to be primarily interactive with plenty of opportunity for questions, ideas, and brainstorming of possible projects.

Workshop Facilitator:
Dr Janet Feigenbaum, *Senior Lecturer*, **UCL**

Formulation Skills

Thursday 6th December 2012
10.00am to 4.30pm

Host: RHUL, Bedford Square, 2 Gower Street, WC1E 6DP, Tel: 01784 443851, Fax: 01784 472746, E-mail: clinpsyworkshops@rhul.ac.uk

This workshop is for Clinical psychologists who already have some experience of supervising clinical psychology trainees.

Workshop content

- What do we mean by formulation skills?
- How are formulation skills taught?
- Build on your current skills in teaching trainees to formulate

Workshop Facilitators:
Facilitated by representatives from the North Thames Courses

Part 1- Two-day Workshop for New Supervisors

Thursday 17th & Friday 18th January 2013
10.00am to 4.30pm

Host: UEL, Tel: 020 8223 4174, E-mail: clinpsyworkshops@uel.ac.uk

This 2 day workshop is for clinical psychologists who are relatively new to supervising or are about to supervise trainee clinical psychologists in the North Thames for the first time. It is part 1 of 2 workshops towards eligibility for registration with the BPS Register of applied psychology practice supervisors (RAPPS).

Workshop content

- Information about the courses in North Thames
- Models of learning and training and the structure of supervisor sessions
- Monitoring, assessing and giving feedback to trainees BPS and course supervision requirements

Workshop Facilitators:
Facilitated by representatives from the North Thames Courses

Part 2- Advanced Supervisor Workshop – FULLY BOOKED

Thursday 7th February 2013
10.00am to 4.30pm

Host: RHUL, Bedford Square, 2 Gower Street, WC1E 6DP, Tel: 01784 443851, Fax: 01784 472746, E-mail: clinpsyworkshops@rhul.ac.uk

This workshop is for clinical psychologists who already have some experience of supervising clinical psychology trainees in the North Thames. It is part 2 of 2 workshops towards eligibility for registration with the BPS Register of applied psychology practice supervisors (RAPPS).

Workshop content

- Dilemmas in the supervisory relationship
- Managing power in the supervisory relationship
- The supervisor's role as both assessor and facilitator of learning
- Evaluation of trainee's clinical competence
- Working with trainees who may be struggling on placement

Workshop Facilitators:
Facilitated by representatives from the North Thames Courses

CBT Supervision - FULLY BOOKED

Friday 15th February 2013
10.00am to 5.00pm

Host: UCL, Tel: 020 7679 1897, Fax: 020 7916 1989, E-mail: placements-admin@psychol.ucl.ac.uk

This workshop is designed for supervisors who are already regularly using CBT in their clinical practice, and would like to "fine tune" their approach to using CBT within supervision of clinical psychology trainees. A working knowledge of the theory and practice of CBT will be assumed.

Workshop Content

- How CBT theory informs good practice within supervision
- The use of CBT approaches within supervision
- Monitoring progress and competency in CBT and giving feedback

Workshop Facilitators:
Dr Janet Feigenbaum, *Senior Lecturer*, **UCL**
Dr Abigail Wroe, *Lecturer and Clinical Tutor*, **RHUL**
Dr Katy Berg, *Clinical Tutor*, **UEL**

Leadership in Clinical Psychology

Friday 19th April 2013
10.00am to 5.00pm

Host: RHUL, Bedford Square, 2 Gower Street, WC1E 6DP, Tel: 01784 443851, Fax: 01784 472746, E-mail: clinpsyworkshops@rhul.ac.uk

The aim is to support supervisors in the development of clinical psychology trainees' leadership competencies.

Workshop content

- Exploring relevant models of leadership
- Examining the DCP Clinical Psychology Leadership Development Framework
- Generating practical ideas for appropriate trainee activities on placement to support the development of leadership competencies.

Workshop Facilitators:
Dr Neil Rees, *Clinical Director*, **UEL**
Dr Helen Pote, *Senior Lecturer and Clinical Director*, **RHUL**
Dr Jason Crabtree, *Clinical Tutor,* **UCL**

Complex Case Supervision (using CBT) – FULLY BOOKED

Thursday 2nd May 2013
10.00am to 4.30pm

Host: UCL, Tel: 020 7679 1897, Fax: 020 7916 1989, E-mail: placements-admin@psychol.ucl.ac.uk

This workshop is for supervisors who wish to develop their skills in supervising clinical psychology trainees who are working with clients with complex problems. The workshop will present how CBT can be very helpfully used to formulate and intervene where clients have comorbid and chronic difficulties. This will include opportunities for discussion and to share good practice.

Workshop Content

- Issues to consider in formulation, therapeutic process and treatment
- Problems that trainees might face have in working with complexity
- Practical exercises in formulating some well know TV characters with complex issues and a chance to share ideas.

Workshop Facilitators:
Dr Sue Watson, *Clinical Director,* **UCL**
Dr Neil Ralph, *Clinical Tutor*, **UCL**

Neuropsychological Assessment

Friday 10th May 2013
10.00 am to 4.30pm

Host: UEL, Tel: 020 8223 4174, E-mail: clinpsyworkshops@uel.ac.uk

This workshop is for Clinical Psychologists who supervise clinical psychology trainees undertaking psychometric assessment.

Workshop content

- Key psychometric constructs
- The neuropsychological examination – comprehensive test batteries
- Scoring, interpretation & differential diagnosis
- Reporting and feedback

Workshop Facilitators:
Dr Jenny Jim, *Senior Clinical Tutor*, **UCL**
Dr Matthew Jones Chesters, *Academic Director*, **UEL**

Systemic Supervision

Friday 17th May 2013
10.00am to 4.30 pm

Host: RHUL, Bedford Square, 2 Gower Street, WC1E 6DP, Tel: 01784 443851, Fax: 01784 472746, E-mail: clinpsyworkshops@rhul.ac.uk

This workshop is for clinical psychologists who use systemic theory routinely in their clinical practice and would like to develop their skills in supervising clinical psychology trainees in systemic practice.

Workshop Content

- Systemic teaching curriculum on the North Thames courses
- Different ways of helping trainees to apply theory to practice
- Evaluating competency

Workshop Facilitators:
Dr Helen Pote, *Senior Lecturer and Clinical Director*, **RHUL**
Dr Paula Magee, *Clinical Tutor*, **UEL**
Dr Josh Stott, *Senior Clinical Tutor,* **UCL**

Part 1- Two-day Workshop for New Supervisors

Thursday 13th & Friday 14th June 2013
10.00am to 4.30pm

Host: UEL, Tel: 020 8223 4174, E-mail: clinpsyworkshops@uel.ac.uk

This 2 day workshop is for clinical psychologists who are relatively new to supervising or are about to supervise trainee clinical psychologists in the North Thames for the first time. It is part 1 of 2 workshops towards eligibility for registration with the BPS Register of applied psychology practice supervisors (RAPPS).

Workshop content

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Workshop Facilitators:
Facilitated by representatives from the North Thames Courses

BPS Learning Centre APPROVED

Part 2- Advanced Supervisor Workshop - FULLY BOOKED

Friday 14th June 2013
10.00am to 4.30pm

Host: UCL, Tel: 020 7679 1897, Fax: 020 7916 1989, E-mail: placements-admin@psychol.ucl.ac.uk

This workshop is for clinical psychologists who already have some experience of supervising clinical psychology trainees in the North Thames. It is part 2 of 2 workshops towards eligibility for registration with the BPS Register of applied psychology practice supervisors (RAPPS).

Workshop content

- Dilemmas in the supervisory relationship
- Managing power in the supervisory relationship
- The supervisor's role as both assessor and facilitator of learning
- Evaluation of trainee's clinical competence
- Working with trainees who may be struggling on placement

Workshop Facilitators:
Facilitated by representatives from the North Thames Courses

BPS Learning Centre APPROVED