



CHSRID

centre for health service research
in intellectual disabilities

Research means finding things out by



- asking questions



- doing tests



- comparing results



At **CHSRID** our research is about intellectual
disabilities – these are the same as

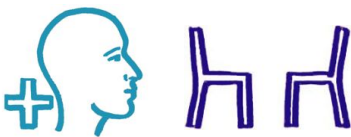


- learning disabilities
- learning difficulties



We do our research so that people with intellectual disabilities can

- have a good life
- get the right support from the NHS



We are psychiatrists and psychologists and we do



- NHS work with patients/clients



- research work at UCL



We work closely with



- other health professionals
- social care staff

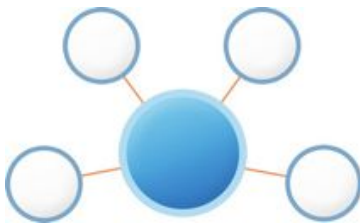


- other organisations



- other researchers

We make sure we know all about



- services



- support



- other research

In our research work, we have close links with local service user groups like



- The Elfrida Society



- The Camden Society



- Camden People First



The CHSRID team

The 4 people who lead our team all work in psychiatry and psychology



UCL University College London



CLDS Camden learning disabilities service



ILDP Islington learning disabilities partnership



Dr Angela Hassiotis



- I am a psychiatrist



- I work at **UCL** and **CLDS**



I have done research about



- health services for people with learning disabilities



- teaching and training about learning disabilities



- attitudes to learning disabilities



- therapies for people with learning disabilities



Dr Katrina Scior



- I am a psychologist



- I work at UCL



I have done research about



- public awareness about learning disabilities

- the treatment of people with learning disabilities



- mental health and learning disabilities



Dr André Strydom



- I am a psychiatrist



- I work at UCL and ILDP



My research is about



- mental disorders in adults with learning disabilities



- dementia in older people with learning disabilities



Dr Jason Crabtree



- I am a psychologist



- I work at UCL and ILDP



I am doing research about



- how people with learning disabilities feel about themselves



- autism - behaviour and support



Research we are doing now

We are looking into...



CBT (cognitive behavioural therapy)

CBT is a talking treatment where a therapist works with a person to look at their thoughts and feelings



this research is about using CBT to help people with learning disabilities who have

- depression (feeling sad)



- anxiety (feeling worried)

Stigma

this research is about



- how other people see people with learning disabilities



- how people with learning disabilities see themselves



This can include

- feeling bad about themselves



- having low self-esteem (self-respect)



We want to find ways to

- help people understand more about learning disabilities



- help people with learning disabilities feel good about themselves