UCL Careers
4th Floor Student Central
Malet Street
London
WC1E 7HY

Tel 020 3549 5900
Website ucl.ac.uk/careers
Email careers@ucl.ac.uk
Twitter @UCLCareers
Instagram UCLCareers
Facebook /UCLCareers

Disclaimer: Please note that photographs and videos may be taken at all UCL Careers events for use in future publicity. Please speak to a member of UCL Careers staff if you have any questions or concerns. This publication can be provided in alternative formats upon request to UCL Careers. Please email careers@ucl.ac.uk or telephone 020 3549 5900.
## Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>How we can help you</td>
<td>5</td>
</tr>
<tr>
<td>Connect with us</td>
<td>6</td>
</tr>
<tr>
<td>Explore your options</td>
<td>7</td>
</tr>
<tr>
<td>Where to start</td>
<td>7</td>
</tr>
<tr>
<td>Self awareness</td>
<td>7</td>
</tr>
<tr>
<td>Explore options</td>
<td>8</td>
</tr>
<tr>
<td>Find opportunities</td>
<td>9</td>
</tr>
<tr>
<td>Looking for work with myUCLCareers</td>
<td>9</td>
</tr>
<tr>
<td>Internships and jobs</td>
<td>10</td>
</tr>
<tr>
<td>UCL Talent Bank</td>
<td>10</td>
</tr>
<tr>
<td>UCL Careers Summer Internship Scheme</td>
<td>10</td>
</tr>
<tr>
<td>Global Internship Programme</td>
<td>11</td>
</tr>
<tr>
<td>UCL Unitemps</td>
<td>11</td>
</tr>
<tr>
<td>Students’ Union UCL Jobshop</td>
<td>11</td>
</tr>
<tr>
<td>Jobs at UCL</td>
<td>11</td>
</tr>
<tr>
<td>Working abroad</td>
<td>12</td>
</tr>
<tr>
<td>Volunteering</td>
<td>13</td>
</tr>
<tr>
<td>Competitions and business challenges</td>
<td>13</td>
</tr>
<tr>
<td>Further study</td>
<td>13</td>
</tr>
<tr>
<td>Events and programmes</td>
<td>14</td>
</tr>
<tr>
<td>Careers Fairs</td>
<td>15</td>
</tr>
<tr>
<td>Themed Weeks</td>
<td>16</td>
</tr>
<tr>
<td>Researchers programme</td>
<td>16</td>
</tr>
<tr>
<td>Prepare to apply</td>
<td>17</td>
</tr>
<tr>
<td>Career Essentials</td>
<td>17</td>
</tr>
<tr>
<td>Career Essentials online</td>
<td>17</td>
</tr>
<tr>
<td>Global Citizenship Employability Programme</td>
<td>18</td>
</tr>
<tr>
<td>Researchers programme</td>
<td>18</td>
</tr>
<tr>
<td>Employer-led skills sessions</td>
<td>19</td>
</tr>
<tr>
<td>Panel discussions</td>
<td>20</td>
</tr>
<tr>
<td>Workshops</td>
<td>20</td>
</tr>
<tr>
<td>Coaching</td>
<td>20</td>
</tr>
<tr>
<td>Mock assessment centres</td>
<td>20</td>
</tr>
<tr>
<td>Specialist support</td>
<td>21</td>
</tr>
<tr>
<td>Alumni mentoring</td>
<td>21</td>
</tr>
<tr>
<td>UCL Connect</td>
<td>21</td>
</tr>
<tr>
<td>Alumni Online Community</td>
<td>21</td>
</tr>
<tr>
<td>International students</td>
<td>21</td>
</tr>
<tr>
<td>Researchers</td>
<td>22</td>
</tr>
<tr>
<td>One-to-one advice</td>
<td>22</td>
</tr>
<tr>
<td>Events for researchers</td>
<td>22</td>
</tr>
<tr>
<td>Information and vacancy provision</td>
<td>22</td>
</tr>
<tr>
<td>Online resources</td>
<td>23</td>
</tr>
<tr>
<td>Online opportunities</td>
<td>23</td>
</tr>
<tr>
<td>Graduates</td>
<td>24</td>
</tr>
<tr>
<td>One-to-one advice</td>
<td>24</td>
</tr>
<tr>
<td>Events</td>
<td>24</td>
</tr>
<tr>
<td>Careers Extra</td>
<td>25</td>
</tr>
<tr>
<td>Profiles</td>
<td>26</td>
</tr>
</tbody>
</table>
Over 1/3 proportion of student body that are international

160 number of countries students come from to study at UCL

£26,000 median starting salary for UCL undergraduates

£28,000 median starting salary for UCL taught postgraduates

£36,000 median starting salary for UCL doctoral graduates

10th overall ranking in QS World University Rankings

99.2 employer reputation ranking award to UCL in QS World University Rankings
How we can help you

Our team of experienced career professionals is dedicated to helping you find the right path to ensure success in your future career.

We are here, not just to help you find jobs or options for further study, but to advise you on the opportunities you have now – during your time at UCL – to develop employability skills and to undertake part-time work, holiday work or internships. We also help you apply for work through our events, workshops and one-to-one guidance services.

UCL Careers is connected to more than 4,000 employers in the UK and around the world. Recruiters and employers visit our campus throughout the year to participate in a range of careers events and activities.

We’re here to help you find your future and we look forward to meeting you.

▷ Online resources
Along with using our UCL Careers website to find useful information about career planning, you can also visit our digital library, Careers Tagged.

ucl.ac.uk/careers
careerstagged.co.uk

▷ Employer connections
We are connected to over 4,000 employers in the UK and around the world. Recruiters and employers visit our campus throughout the year to participate in a range of careers events and activities.

ucl.ac.uk/careers/employers-directory

▷ Visit us
You can visit us at our office and talk to a careers professionals about your options. We can help you with the application process and guide you on how to build a portfolio of experience, so that you’re in a better position to access opportunities in your chosen field.

UCL Careers
4th Floor Student Central,
Malet Street,
London, WC1E 7HY
myUCLCareers
is UCL Careers’ online portal where you can:

➢ book an appointment
➢ view our upcoming events calendar
➢ access our vacancy board
➢ sign-up to our Careers Newsletter
➢ set your personal preferences for news and communications

ucl.ac.uk/careers/myuclcareers

Careers newsletter

Sign-up to receive our newsletter to stay informed of our upcoming opportunities, events and features from employers and staff.

ucl.ac.uk/careers/myprofile

Follow us on social media:
Explore your options

Where to start?

Some people know exactly what they want to do from an early age. Others haven’t got a clue!

Whether you know what sort of career you’re looking for, or don’t know where to start, you may find it useful to think more deeply about the sort of person you are, and what sort of work would suit you best.

After that, the next step is to look at the options that are available to you, by exploring the wide range of jobs and career paths that exist in different sectors and industries. By looking at yourself and researching your options, you will be in a better position to find your future.

Finally, you will need to learn more about the job application process, and how to succeed when applying for opportunities.

Don’t forget, UCL Careers is here to help you at each stage along the way.

Self-awareness

You can get a better idea of your strengths and weaknesses from our personality profiling workshops.

Understanding your personality – and how you relate to other people – will give you an insight into the types of work, and working environments, that suit you best.

At UCL Careers, we use the Myers-Briggs Type Indicator (MBTI) profiling tool. Find out more at:

ucl.ac.uk/careers/self-awareness

ucl.ac.uk/careers/options
Explore options

Most people find exploring the range of career options available a key step towards finding the best fit for their skills, preferences, values and personality.

You can get a better idea of what suits you – as well a better understanding of the job opportunities available – through internships and voluntary work.

You may find it useful to browse job opportunities online and to come to career events where you can meet employers and learn more about specific sectors, industries and organisations.

To make sure you get the best opportunities, and make the most of them, UCL Careers offers these top tips:

➤ talk to people in the jobs and sectors that interest you, so that you can find out what their work is really like

➤ be open to ideas and suggestions and you will have more opportunities to choose from

➤ work out what you don’t want to do and think about the reasons why. This can help you refine your choices

➤ think about the skills and qualifications you need to be successful in a particular role or sector, and consider what you need to do to ensure you have the right experience, employability skills and qualifications so that you can improve your chances of success!

ucl.ac.uk/careers/explore

ucl.ac.uk/careers/occupations

10,534 number of individual appointments with career professionals in 2017/18
Find Opportunities

Once you have a better idea of the direction you’d like to go in, you should start exploring opportunities – internships, part-time opportunities, full-time jobs and volunteering – that might help you on your way.

Looking for work with myUCLCareers

myUCLCareers is regularly updated with amazing opportunities from different sectors and employers – including some who are specifically looking for UCL candidates.

➢ you can search from thousands of vacancies in the UK and abroad and apply for them online

➢ the ‘Vacancies’ tab displays opportunities you can apply to directly, while the ‘UCL Managed Opportunities’ tab will show you roles you can apply for through UCL Careers

➢ you can also find any role (Vacancy or Managed opportunity) by using the filters on the left-hand side when viewing vacancies

When you set up your myUCLCareers accounts, you can set your preferences to include the sectors you want. Your own personal dashboard will then highlight the vacancies that match your preferences.

You can also sign up for daily or weekly careers emails. These will alert you to all the latest opportunities that might interest you.

ucl.ac.uk/careers/opportunities/jobs/myuclcareers
Internships and jobs

Internships and work experience are great ways of finding out what it is like to work in a particular role or sector. They can help you develop your skills, allowing you to market yourself successfully to potential future employers and assist you in making industry contacts. We offer several programmes to help you find a suitable internship or job.

UCL Talent Bank

Looking for a job - whether a part-time, summer internship or graduate role?

UCL Talent Bank actively sources opportunities for UCL students, researchers and recent graduates. As a shortlisting service, we can connect you to employers – including UCL alumni – in small-to-medium enterprises (SMEs).

You will need to upload a CV and tailored cover letter for each individual opportunity and if your application is suitable UCL Talent Bank will present it to employers on your behalf.

ucl.ac.uk/careers/opportunities/jobs/ucl-talent-bank

“UCL Talent Bank goes a long way in helping you make that first leap and secure a paid job that gives you the relevant experience and contacts that will form the basis of a successful career.”
— UCL undergraduate student 2018

UCL Careers Summer Internship Scheme

You could spend your 2019 summer break getting paid to work as an intern for an SME in London via our UCL Careers Summer Internship Scheme.

From March 2019, you’ll be able to browse exclusive opportunities for UCL students and graduates across a range of sectors, using the Managed Opportunities tab on myUCLCareers.

The Summer Internship Scheme is supported by Santander Universities, which means your work can be paid at the London Living Wage.

Further details about the scheme will be released in the new year

Don’t forget to set your myUCLCareers preferences to receive updates, if you’d like to be among the first to hear about these opportunities.

ucl.ac.uk/careers/opportunities/jobs/summer-internships
Global Internships Programme

Undertaking an internship outside of the UK offers numerous benefits including:

- developing your cultural awareness
- building a global network
- increasing your confidence

To support you with making this exciting step of working overseas, UCL Careers are developing a Global Internships programme. The aim of the programme is to promote summer internships offered by employers looking to recruit from UCL, as well as encourage students to source their own internships.

Opportunities will be added to myUCLCareers, and you can use resources such as Careers Tagged and GoinGlobal to find out more about working in other countries.

Funding may be available to support students with going overseas, so check our website for the most up-to-date information.

ucl.ac.uk/careers/opportunities/jobs/global-internships

UCL Unitemps

UCL Unitemps provides flexible employment to current students, graduates and the wider community. Offering interesting and varied opportunities on-campus the Unitemps team are committed to finding you the right job, whether that be a part-time temporary job to fit around your studies or a full-time job for graduates.

ucl.ac.uk/human-resources/about-hr/unitemps

Students’ Union UCL Jobshop

If you’re looking for work to fit around your studies, you might want to find casual temporary, part-time and seasonal vacancies from the Students’ Union UCL Jobshop.

You will need to log in with your UCL ID and password.

studentsunionucl.org/jobshop-vacancies

Jobs at UCL

You can browse current vacancies at UCL – both academic and administrative – on the UCL Human Resources page. The search facility allows you to filter results according to your interests, apply for roles online and sign up for email alerts.

ucl.ac.uk/careers/opportunities/jobs/job-sites

16,226
number of job vacancies advertised between August 2017 & July 2018
We can help connect you to the opportunities you want in the UK or overseas.

If you’re thinking of working or studying abroad – either during or after your time at UCL – you can take advantage of our events, online resources and our Global Citizenship Employability Programme (GCEP), which runs at the end of the academic year.

Resources on our website offer guides to different countries and information about studying abroad.

You will find links to resources such as CareersTagged – an online careers library that you can search for more detailed information about working and studying in a specific country.

You can even use your UCL login and password to access GoinGlobal, with advice for more than 30 countries, covering everything from adapting your CV to cultural awareness.

You can also search for internships and other global vacancies on myUCLCareers, by filtering your search by country or region.

See more information on our website: ucl.ac.uk/careers/opportunities/jobs/work-abroad
Volunteering

Build new skills and meet new people with the Volunteering Service.

Volunteering is a fantastic way to develop your skills while connecting with other people from across London. Whatever sector you’re thinking of as a career, employers really value volunteering experience – it shows commitment, flexibility and a spirit of adventure.

And as a UCL student, you’ve got a great range of volunteering roles, with over 400 roles on offer. The Volunteering Service – based in Students’ Union UCL – is one of the biggest departments of its kind in the UK, helping you find volunteering opportunities just right for you.

[Link to volunteering opportunities](ucl.ac.uk/careers/opportunities/volunteering)

Competitions and business challenges

Think you could beat other students from across the UK and around the world to win great prizes and even paid work experience with top companies?

Get involved with one of the many competitions and business challenges running across industries such as Marketing, Journalism, Financial Trading, Project Management and more!

[Link to competitions](ucl.ac.uk/careers/opportunities/competitions)

Further study

Some people embark on further or postgraduate study after their degree to help them progress in their career. Others love their subject and want to study it in greater depth, to further their academic interest. If you are considering further or postgraduate study the following links and services will help you find the right course.

To explore more visit: [UCL Further Study](ucl.ac.uk/careers/options/explore/further-study)

To find opportunities visit: [UCL Further Study Opportunities](ucl.ac.uk/careers/opportunities/further-study)

For information and advice on funding, take a look at the UCL Financial Assistance page, which has links to information on doctoral fellowships, scholarships and prizes, as well as the Financial Assistance Fund.

[Link to further study funding](ucl.ac.uk/careers/opportunities/funding)
Events and programmes

Start exploring your ideas in more depth at one of our many employer events. Meet employers and UCL alumni to hear them talk about their careers in a wide range of different sectors, and the skills and attributes you need to be successful.

- 26,414 student footfall at UCL Careers events
- 4,856 attendance at fairs
- 58 number of student and staff research specific events
- 800 number of employers who attended UCL careers events
- 293 number of employer-led events
- 2,248 attendance at careers themed weeks
Careers Fairs

Would you like to talk, one to one, with employers who might be interested in hiring you?

We run sector specific careers fairs, to give you the opportunity to meet employers and graduate recruiters who are looking to hire UCL graduates.

By talking to managers and human resources staff – as well as graduates who have recently started working for them – you will get a better idea of what it’s like to work in a sector or company, and whether it’s right for you.

As a UCL student or graduate, you’re welcome to attend any UCL careers fairs, no matter which course you are studying. Just bring your current UCL ID or UCL Careers Graduates ID to get in.

All of our careers fairs take place in the evening and no booking is required. Find out more on our website to hear about our latest events. You can also sign up for the UCL Career newsletter:

[link]

Management Consultancy fair
Wednesday 3 October 2018, 5.30–8pm

Banking, Finance & Economics fair
Tuesday 9 and Wednesday 10 October 2018, 5.30–8pm (on both days)

Life & Health Sciences fair – held at The Francis Crick Institute
Monday 15 October 2018, 5–7.30pm

IT & Technology fair
Wednesday 17 and Thursday 18 October 2018, 5.30–8pm (on both days)

Engineering & Built Environment fair
Monday 22 October 2018, 5.30–8pm

Law fair
Monday 29 and Tuesday 30 October 2018, 5.30–8pm

All fairs are located at: North & South Cloisters, Wilkins Building with the exception of the Life & Health Sciences Fair, which is located at The Francis Crick Institute.

Jobs Market 2019

Your last chance in the year to meet employers recruiting for roles starting soon. Keep up to date about the Jobs Market held at the end of the Summer term:
[link]
Themed Weeks

During the Autumn and Spring terms, we run a programme of Themed Weeks covering a variety of industry sectors which are popular with UCL students.

With a mix of panel discussions, presentations and networking events, Themed Weeks are an ideal opportunity for you to learn more about a particular sector from industry professionals, UCL alumni and careers professionals to give you a better understanding of what you need to succeed in a particular sector.

Government & Policy Week: 22th - 26th October 2018

Museums, Arts & Cultural Heritage: 12th - 17th November 2018

Media Week: 26th - 30th November 2018

Charities & NGOs Week: 28 January - 1st February 2019

International Development: 4th - 8th February 2019

Sustainability Fortnight: (formerly Environment Week) 18th February - 1st March 2019

Life & Health Sciences Week: 4th - 8th March 2019

Make sure to book your place for each week’s events by going to the events section of myUCLCareers and filtering by event type.

ucl.ac.uk/careers/themed-weeks

Researchers programme

In collaboration with The Doctoral Skills Development Programme and UCL Organisational Development, UCL Careers provides an extensive programme of careers events for UCL’s researcher community, (Research Assistants, Research Students (MRes & PhD) and Postdoctoral Research Staff).

ucl.ac.uk/careers/about/events/researchers
Prepare to apply

Whatever you apply for, there’s support available for the whole process; from writing applications to completing aptitude tests, or preparing for interviews and assessment centres.

Career Essentials

This series of lunchtime talks and experiential workshops led by our team of career professionals provide insight, advice and interactive opportunities to engage with all aspects of careers management and navigating selection processes no matter where you are in your careers thinking.

“I found Career Essentials Online very useful in my preparations for recent interviews and an assessment centre. Videos of typical answers were especially helpful to come up with well-structured answers. I succeeded in my assessment centre and received an offer from JP Morgan.”

UCL Postgraduate student 2018

Career Essentials online

Access careers know-how when you need it with our e-learning and interactive guides.

Our six-module course is designed to allow you to engage with all aspects of graduate careers management, including how to market yourself in your CV, applications and interviews; understanding the graduate job market; exploring your options and sourcing jobs and work experience.

Courses comprise information, video tutorials, interactive quizzes and exercises, action sets and key resources to help you move forward and take ownership of your future.

4,349 attendees at Career Essentials workshops

78 number of Career Essentials workshops
Global Citizenship Employability Programme

Would you like a head start in today’s international and competitive job market?

Our Global Citizenship Employability Programme will guide you through all parts of the job search – from start to finish.

In the summer term, you can attend workshops, talks, panel discussions, networking events and skills development sessions with employers and careers consultants.

You will learn how to search and apply for roles, meet employers from different sectors and get to know and work with students from across UCL.

This programme will also give you a chance to consider your future in depth. You will be able to make the most of UCL’s status as a truly global university and create a career path that chimes with your global values.

ucl.ac.uk/careers/gcep

Researchers programme

For research students and staff, this bespoke programme of Careers Consultant-led events will help you with next steps whether you’re planning to stay in academia or looking at other options.

ucl.ac.uk/careers/researchers

“GCEP has given me the confidence and the skills to walk into any interview and leave feeling happy with how it went.”

UCL student 2018
To get the most out of your job-finding process, you need to:

- understand what recruiters are looking for
- make sure you have those skills
- learn how to promote yourself and your skills to employers

Our skills development programme – a joint venture between UCL Careers and the Students’ Union UCL – provides employer-led panel discussions, workshops and coaching, to help you master key job-finding techniques.
Panel discussions

Panel discussions are great for:

- insights on how different sectors view different skills
- expert advice on how to improve those skills
- hearing from up to five employers from different sectors share their thoughts on what you can standing out from the crowd
- showing you the secrets of successful application forms, CVs and covering letters
- learning about success at interviews

Each panel discussion also offers you the chance to ask the questions that matter to you.

Workshops

Employability skills are crucial to success in any career – and you can learn them directly from employers at one of our interactive workshops. Topics include commercial awareness, negotiation skills, and presenting and influencing.

Coaching

One-to-one coaching from an employer will help you get your CV up to scratch or provide valuable feedback on an application. You can also practice your interview techniques. Find out more about what we offer on our website.

Mock assessment centres

You can practice in a simulated assessment centre helping refine your skills for the real thing.
Specialist support

Alumni mentoring

Would it help to talk to someone who has been in your shoes?

You can form a rewarding relationship with a former UCL student as well as learn more about their work in an industry or sector that interests you.

UCL Careers works with UCL’s Alumni Relations team to provide alumni mentors from across the working world, who are keen to use their skills and experience to support UCL students and graduates.

Alumni Online Community

All students and alumni are invited to join an exclusive social network for members of the UCL community. Once you have registered you can search the directory for a potential mentor from the pool of experienced alumni. There is no limit to the number of alumni you can contact to gain interview advice, course guidance and recommendations from thousands of alumni across the globe who have signed up, willing to support you.

ucl.ac.uk/careers/resources/mentoring

UCL Connect

Could you benefit from more networking and skills development?

UCL Connect is an award-winning professional development series – a great opportunity to meet alumni experts and find out how to break into an industry sector with panel-based discussions, speed networking, skills workshops and international events.

International students

Whether you’re thinking about working in the UK or planning to return home after your time at UCL, our talks and workshops will help you find your future.

See the events calendar for more information and don’t forget to set your myUCLCareers preferences to receive event updates.
Researchers

Are you a researcher completing your PhD or postdoctoral position?

UCL Careers is here for you at every stage of finding your future. We recognise that, as a researcher, you need specialist advice about how to use your qualification and expertise in your career.

You may want to stay in academia, or move to a new career. Perhaps you need to learn more about your options.

Whatever stage you’re at, UCL Careers has a dedicated team to support you.

One-to-one advice

You can book a one-to-one appointment with one of our careers consultants throughout the year.

Appointments last up to 30 minutes and are an opportunity for you to seek guidance on your career path and ask questions.

If you’re preparing for an interview, we can also help by offering you a practice interview session, that includes:

- a mock interview
- feedback on your performance covering your general interview technique as well as the quality of your answers
- advice and tips on how improve
- time for you to ask questions and raise any concerns you may have.

Events for researchers

We run workshops, forums and talks that are specifically designed for researchers – both staff and students.

At these events, you will get a better idea of the career options you have and gain a deeper understanding of what different employers are looking for in a new recruit.

After each event, there is always a chance to meet and network with our speakers.

Information & vacancy provision

We believe that an essential part of effective career management is to learn how others have managed their careers successfully.

Researchers can learn about the career paths of people after their PhD, not just through our events programme, but through our online collection of case studies, including doctoral graduates from UCL and beyond.

Research students also have access to our online databases of internships and full-time job opportunities from employers targeting UCL students, including opportunities where research skills and/or a PhD qualification experience may be essential or desirable.

Are you a researcher completing your PhD or postdoctoral position?

ucl.ac.uk/careers/researchers

ucl.ac.uk/careers/options/advice
Online resources

If you can’t get to our office, but would still like some ideas about finding your future, you may find the resources on our website both interesting and helpful.

Our online resources give you the opportunity to watch interviews with PhD holders in varying occupations from across the working world.

There are also seminars on aspects of the application process from a researcher’s perspective, such as writing an effective academic CV or personal statement. Visit:

ucl.ac.uk/careers/researchers

Online opportunities

You will find some of the most exciting post-graduate opportunities in the world at myUCLCareers.

Find out more at:

ucl.ac.uk/careers/talentbank

4,000 UCL Careers online careers information library links to websites and resources on careers

540 roles on myUCLCareers specifically aimed at PhD students
Graduates

About to finish your degree course at UCL?

Your time at UCL may be nearly over, but we’re still here to help you find your future for two years after you leave.

One-to-one advice

You can book a one-to-one appointment with one of our careers professionals throughout the year. Appointments last up to 20 minutes and are an opportunity for you to seek guidance on your career path and ask questions.

If you’re preparing for an interview, we can also help by offering you a practice interview session that includes:

- a mock interview
- feedback on your performance covering your general interview technique as well as the quality of your answers
- advice and tips on how improve
- time for you to ask questions and raise any concerns you may have.

If you can’t visit us in person we will try to arrange an appointment on the phone or Skype.

ucl.ac.uk/careers/appointments

Events

You are still welcome to join us at careers fairs and employer presentations, where you will have the opportunity to meet employers and graduate recruiters who are looking to hire.

ucl.ac.uk/careers/events-list
UCL Careers Extra is a programme of additional activities and support for UK undergraduate students from the following groups:

- neither parent went to university and you went to a UK state school
- care leaver
- carer
- disabled
- household income below £25,000 (as declared to Student Finance England)
- black african, black caribbean or mixed black african/white or black caribbean/white

Students signed up to UCL Careers Extra are automatically added to a circulation list for targeted employer events and programmes. They can also apply for bursaries to help cover the cost of undertaking internships, work experience or volunteering, and can access preferential booking for some UCL Careers events, longer careers appointments (with easier booking) and extra careers events that are exclusive to UCL Careers Extra students.

ucl.ac.uk/careers/extra
What useful things have you done to find work-experience or work in your chosen field?
I’ve been attending different seminars and events to network, and I’ve talked with recognised people in the field. I’ve given my business card out for future projects.

What advice would you give to fellow students on starting their search for work?
To try and participate in different events, presentations and workshops, to gain direct contact with employers. If they like you and interested in your ideas, they will contact you for opportunities.

Why did you arrange/take part in a placement, internship or volunteering?
It’s important to gain some experience about “the real world” before you’re applying for a job. University is one thing, but the real space of learning is the real job.

What’s the most useful skill you’ve got from work, placement or volunteering?
Tolerance and recognition of mistakes.

Have you been able to make use of UCL Careers, if so how did it help?
It has been very helpful! Especially in the process of deciding on my short-term goals.

Have you taken part in any UCL Careers events such as fairs, panel discussions or programmes? If so, what did you gain from them?
Yes, the Global Citizenship Employability Programme 2018. After taking part in the Global Citizenship Programme, I have a clearer picture about my near future and the different steps required to achieve it. I don’t feel so anxious about jobs and interviews anymore.

Are you excited about your future career? If so, why?
Yes! The world is full of amazing and diverse opportunities, and I’m excited about the possibility of having an international career at some point.
What useful things have you done to find work-experience or work in your chosen field? My chosen field is the legal profession. To get work experience, I tried to start with smaller-scale high street solicitor’s firms rather than immediately applying to city-based vacation schemes. At one high street firm I worked as an office junior doing menial tasks, but I think this experience helped me secure my second work placement as a legal intern with another firm (through a speculative application). With those two experiences under my belt, I have found greater success in applying for much larger firms.

What advice would you give to fellow students on starting their search for work? I think a major piece of advice I wish I knew at the beginning of my university life was to take careers fairs and seize upon as many networking opportunities as you can. I have only recently understood how valuable networking, and being able to network well, can be for gaining favour with a future employer.

Why did you arrange/take part in a placement, internship or volunteering? I took on a law placement with a high street firm for two key reasons. Firstly, I had to be sure that I enjoyed the type of work solicitors do and truly understood how a regular day looks for them. Secondly, I knew this experience, even though it wasn’t in a big city-based law firm, would still be transferable for when I came to apply for the city firms. It also demonstrated an early interest in the legal profession.

Have you been able to make use of UCL Careers, if so how did it help? I booked an appointment with UCL Careers for them to look over an application I submitted, which had subsequently been rejected. The meeting lasted roughly 15 mins but was very helpful as I was given a good indication of where my application had gone wrong and how I could better use the STAR format for competency-based questions. My more recent applications have certainly been stronger than those I submitted prior to going to UCL Careers for advice.

Have you taken part in any UCL Careers events such as fairs, panel discussions or programmes? If so, what did you gain from them? I also took part in the UCL Careers Global Citizenship Employability Programme. I found the two weeks spent with UCL Careers useful and highly enjoyable. I learnt the most from the seminars given on how to interview effectively, in particular with how to demonstrate motivation to an employer. Also, as someone with minimal interview experience, the speed interviews with actual employers was immensely helpful as we received on the spot feedback for our answers. I would certainly recommend GCEP for any UCL students as I wish I had done it before my final year.

Are you excited about your future career? If so, why? Prior to GCEP, I can’t say I was especially excited about my future careers. Now, however, I feel far more confident in my ability to sell myself in a more meaningful manner to future employers and, as such, I am genuinely excited to continue my future career search.
What useful things have you done to find work-experience or work in your chosen field?
I have revisited contacts that I have made in the past to enquire about work experience and have secured a week with Browne Jacobson in their London office.

What advice would you give to fellow students on starting their search for work?
Don’t give up and keep believing in yourself. You have to be very resilient!

Why did you arrange/take part in a placement, internship or volunteering?
I have taken part in volunteering and work experience because it is a great experience to meet new people and see which kind of environments suit you.

What's the most useful skill you've got from work, placement or volunteering?
Volunteering for the National Trust has given me the confidence to talk to many different kinds of people.

Have you been able to make use of UCL Careers, if so how did it help?
I get regular updates on different job vacancies which is very helpful.

Have you taken part in any UCL Careers events such as fairs, panel discussions or programmes? If so, what did you gain from them?
The Global Citizenship Employability Programme was so useful, especially advice about my CV and the opportunities to network and practice interview questions.

Are you excited about your future career? If so, why?
Having taken part in this programme I feel so much more positive about finding a career that will suit me. These two weeks have really renewed my confidence to find a job where I will thrive.
What skills are involved in your current role?
The skills involved in my current role include: relationship management, strong communication, negotiation and presentation. As a service manager you work with a variety of internal and external stakeholders and you need to ensure all parties are satisfied. Relationship management is crucial as you need to understand what it is stakeholders require.

Were you able to make use of your careers service at university? If so, how did it help you?
Yes, when I was applying for summer internships I booked in a session with UCL Careers. It was extremely helpful, we worked together to improve my CV as well as practicing interview questions. I learned how to successfully use the STAR technique, which was extremely useful when it came to assessment centres.

What advice would you give to current students on getting into your sector?
Often in an interview you will be asked to provide an example of “a time when …” It is good to have a list of examples prepared beforehand. For example: university group work, prior work experience or any leadership role you have had in your hobbies.

If you could give current students one piece of advice on something you wish you had known prior to starting your career, what would it be?
Get involved with as many opportunities as you can, as you never know what you will learn and how it may help you in your career!
How did you get to where you are now in your career?
I finished my ‘Information for Business Degree’ in May and was looking for some short-term work until I spent some months back-packing from October onwards.

What skills are involved in your current role?
Company market research, contact research, conducting interviews, presenting research to the client, creating client deliverables, quantitative and qualitative assessment of researched companies.

Were you able to make use of your careers service at university? If so, how did it help you?
Yes, I found this job on the Students’ Union UCL website.

What advice would you give to current students on getting into your sector?
To be as open to learning as possible. 90% of what you need to know for a job is learnt on the job!

What is on the horizon within your industry/company that our students can learn and get excited about?
Freshminds have many well-paying short and medium-term projects, perfectly suited to transitional as well as long term periods in your life.

If you could give current students one piece of advice on something you wish you had known prior to starting your career, what would it be?
It requires a high attention to detail.
How did you get to where you are now in your career?
I applied for the Civil Service Fast Stream during my third year at UCL, where I studied Geography. Having been unsure what I wanted to do after graduating, but knowing it involved working in the public sector, the variety and rotational nature of the Fast Stream really appealed. I was successful in my application for the Generalist scheme and started my first six month posting in the Home Office’s International Engagement team in September 2016.

What skills are involved in your current role?
A mixture of policy and analytical skills are key in my current role. When looking at which policies are most effective in reducing alcohol related harm, it is important to ensure our decisions are evidence informed and data driven. Once a direction is agreed, an understanding of the policy making cycle, subject knowledge, and good programme management is needed.

Were you able to make use of your careers service at university? If so, how did it help you?
While I was at UCL, I went to a few of the great events the Careers service hosts. There is always lots going on, from careers fairs to interview practice events. It’s really helpful to meet people who actually work in the organisations you’re interested in.

What advice would you give to current students on getting into your sector?
The Fast Stream is a great way to experience many different aspects of government and the public sector, so is particularly useful for those who are still figuring out exactly where their interests lie. I would suggest applying for multiple schemes if they appeal, both to maximise chances of success but also to widen the types of roles available to you.

What is on the horizon within your industry/company that our students can learn and get excited about?
The current environment is a fascinating time to be working in government and the public sector. Our soon approaching Exit of the EU is a unique opportunity to be shaping policy in a time of such uncertainty and excitement. Government is extremely fast moving with continuously evolving priorities, meaning there is always something exciting on the horizon.

If you could give current students one piece of advice on something you wish you had known prior to starting your career, what would it be?
Don’t narrow down your career options straightaway – there are loads of different roles out there that you may not even know exist yet. Use your first few years after graduation to work out what you like and don’t like.
How did you get to where you are now in your career?
I showed an interest in advertising and undertook internships at a mix of large and small agencies over summer. I worked out that I wanted to own a strategic project built from data and insight and not just account management and execution. I was looking for something that had business ownership and P&G is a perfect match!

What skills are involved in your current role?
Leadership to understand your business and own driving it forward. You require a good level of business analysis that requires creative problem solving. It is a blend of commercial and creative skills.

Were you able to make use of your careers service at university? If so, how did it help you?
Yes – clear communication on career fair opportunities to talk to companies in person and a huge bank of job opportunities on the website.

What advice would you give to current students on getting into your sector?
Advertising and Brand Management are different things – decide if you want to get involved in an array of different brands and focus on one project at a time (go into Advertising and Planning) or own a single brand journey and lead (and juggle) multiple projects at the same time.

What is on the horizon within your industry/company that our students can learn and get excited about?
We are in billions of people’s homes and have a real opportunity to impact how and what people consume that has an impact on the environment, whether through quick wash laundry products, reduction of plastic in supermarkets or social, inclusivity campaigns.

If you could give current students one piece of advice on something you wish you had known prior to starting your career, what would it be?
Find the right balance between listening and getting advice and really owning a project. Add genuine value as soon as you can.