

Housman

Main Vegetarian meal is vegan on Tuesdays and Thursday

²	Monday	Tuesday	Wednesday	Thursday	Friday
Salad	A selection of big bowl salads, tomato, cucumber and mix leaf served with a range of oils, dressings and toppings	A selection of big bowl salads, tomato, cucumber and mix leaf served with a range of oils, dressings and toppings	A selection of big bowl salads, tomato, cucumber and mix leaf served with a range of oils, dressings and toppings	A selection of big bowl salads, tomato, cucumber and mix leaf served with a range of oils, dressings and toppings	A selection of big bowl salads, tomato, cucumber and mix leaf served with a range of oils, dressings and toppings
Soup	Freshly made soup of the day served with a range of toppings, Croutons & oils	Freshly made soup of the day served with a range of toppings, Croutons & oils	Freshly made soup of the day served with a range of toppings, Croutons & oils	Freshly made soup of the day served with a range of toppings, Croutons & oils	Freshly made soup of the day served with a range of toppings, Croutons & oils
Main	Slow braised beef steak & carrot pie Braised beef and carrots in a rich sauce, topped with buttered puff pastry served with green beans and sautéed cabbage	Authentic Indian cuisine inspired from local recipes from their region Meat, vegetables & daal Served with rice, poppadum and chutneys	Carvery of the day Carved roast topside of beef, roasted potatoes, seasonal vegetables, Yorkshire pudding and roast gravy	Caribbean pork Jerk spiced pork served with a pineapple salsa, roasted sweet potato wedges and rice & peas	Fish 'n' chips Battered MSC fish of the week served with chips, new potatoes, garden peas or mushy peas, tartar sauce, lemon, dill gherkins
Main	Rocket, watercress and pea frittata served with a fresh crunchy salad	Authentic Indian cuisine inspired from local recipes from their region Vegetables & daal Served with rice, poppadum and chutneys	Roasted mushroom & lentil cake, roasted potatoes, seasonal vegetables, Yorkshire pudding and roast gravy	Vegetable & smoked tofu Jambalaya served with rustic garlic bread & sweet potato wedges	Squash and chick pea tagine, warm spiced couscous, mint yogurt and flat bread